

Seminars/ conferences/ workshops conducted by the institution for the session 2016-21

2016-17

**GOVERNMENT DEGREE COLLEGE NOWSHERA
(RAJOURI J&K 185151)**

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
DCN/Adm/2016-17/731

Dated: 13/08/2017

Subject: Annual Sports/Seminars/Cultural activities held in the Govt. Degree College, Nowshera for the academic session 2016-17.

As per record the detail of Sports/Seminars/Cultural activities organised at the institutional level in the Govt. Degree College, Nowshera for the academic session 2016-17 are captioned below.

S.No	Name of Activity	Number of Activities
1	Republic day	01
2	Independence Day	01
3	Inauguration of College Building	01
4	Plantation drive by J&K forest Deptt.	01
5	Seminar on National Integration by Indian Army	01
6	Mushayara By J&K Academy of Art & Culture	01
7	Seminar on Women empowerment	01
8	SVEEP	01
Total		08


Principal
GDC, Nowshera.

Seminar on women empowerment held in GDC Nowshera (2016-17)



GKNH

Rajouri, Mar 9 : A one-day seminar as a part of marking Women Day was held in Government Degree College, Nowshera.

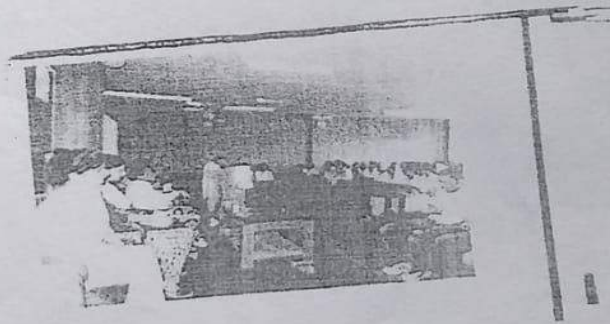
Sub-Divisional Magistrate Nowshera, Harbans Lal Sharma along with Sub-Divisional Police Officer, Now

shera, N. S. Chaudhary, were present in the seminar. The seminar was held in the hall of the college.

All the speakers spoke about the status of women in the society and the need for their empowerment. They also discussed the various schemes and programs for women's development.

The seminar was attended by a large number of women students and faculty members of the college. The speakers were highly appreciated for their valuable inputs.

The seminar was a success and it was hoped that it would create a positive impact on the women of the college and the society.



06. Mushayora By Jale Academy of Art
& Culture (2016-17) dated 26 Dec 2016

NOTICE

IT IS HERE BY NOTIFIED FOR ALL THE STUDENTS OF THE GOVT. DEGREE COLLEGE NOWSHERA THAT THE COLLEGE IS GOING TO ORGANIZE A SEMINAR ON WOMEN EMPOWERMENT ON DATED 8TH OF MARCH 2017. STUDENTS WHO ARE WILLING TO PARTICIPATE IN THE SEMINAR ORGANIZED BY THE COLLEGE THEY CAN CONTACT PROF. ANUPAMA SHARMA HEAD OF THE DEPARTMENT EDUCATION BEFORE DATED 7TH OF MARCH.

WMS
PRINCIPAL



**OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)**

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No.DCN/ 16/366

Dated: 28-11-2016

PRESS RELEASE

The Department of Education organized a Seminar entitled “National Integration by Indian Army ” on 19/11/2016. The main purpose of this event to providing a better environment for the people of a country so That they can develop themselves in all the aspects. It also aids to bind multi-racial and multilingual country like India, which has people with diverse culture and tradition. All the faculty members and students of the college participated in the Seminar with great enthusiasm and zeal. The prizes were distributed among the winners selected by the jury members (Prof. Pooja Devi, Prof. Mukesh Sharma , Prof. Sumit Sharma). Talvinder Kour got the 1st Prize, Rahul Sharma secured 2nd Prize and Sakshi Sharma won the 3rd Prize. The whole event was orgained by Anupama Sharma, HOD Education under under the able guidance and supervision of Principal GDC Nowshera.

Sd/-

Principal

2017-18

OFFICE OF THE PRINCIPAL

GOVERNMENT DEGREE COLLEGE, NOWSHERA

No.DCN/17/808

Dated:-20/09/2017

The Director Colleges,
Higher Education Department,
Civil Sectt. Srinagar.

Sub: - Information regarding four prominent activities of this college from July 01 to September 20, 2017.

R/Sir,

With reference to your Letter No. HE/Gen/PNL/2017 dated 06/09/2017, College hereby forwards the two main activities conducted by GDC, Nowshera from July 01 to September 20, 2017.

Activity No. 1 Awareness Programme on HIV/AIDS

Red Ribbon Club/NSS Unit of Govt. Degree College, Nowshera celebrated 12th of August 2017 as International Youth Day under the approved activities of the J&K State Aids Control Society, Department of Health & Medical Education Jammu. College carried out AIDS/HIV as one of the activities which was spreaded over two days. Firstly symposium on AIDS/HIV, its awareness and preventive measures was

held on same day in which 80 students participated and 12 students spoke on the topic. Secondly a Poster Competition on the same topic was being held on 14th of August 2017.





Activity No. 2 Celebration of National Teachers Day

The college celebrated the birth anniversary of India's Second President, Dr. S. Radha Krishnan as 'National Teachers Day' on September 05, 2017. On this occasion, a seminar on the topic: Role of Teachers in the Present Scenario was organized in which 12 students expressed their views on the topic. All the faculty members were present in the occasion. The faculty who also spoke on the occasion were Asstt. Prof. Mukesh Sharma, Asstt. Prof. Anupama Sharma, Asstt. Prof. Harbhajan Singh, Asstt. Prof. Bandana Thakur and Asstt. Prof. Khalil Ahmed. The Principal of the college, Dr. Kuldip Raj Sharma presided over the function. While addressing the students, he elaborated the role of the teachers in the changed scenario and encouraged the students to take maximum benefit of the college teachers and to contribute in the welfare of the society.



Activity No. 3 Celebration of National Hindi Divas

The College celebrated the “National Hindi Divas” on Sept. 15, 2017 by organising a seminar on the theme: ‘Hindi Ka Vashvik Swaroop’ in which 17 students presented their papers on different aspects of this theme. This programme was

organized by the Department of Hindi. The programme was inaugurated by the Principal of the college. Dr. K.R. Sharma.



Students and staff participating in the celebration of National Hindi Diwas

Activity No. 4 Launch of 'Swacheta Hi Seva' Programme:

A sanitation campaign under 'Swacheta Hi Seva' mission was launched in the college with a pledge taken by the students and staff of the college to devote 100 hours per year to carry sanitation works and also to create awareness for

cleanliness among all the stakeholders. The sanitation campaign is scheduled to be take place w.e.f. 15-9-2017 to 2-10-17 under the college notified schedule.



Students and the Staff of the College taking Sanitation Pledge

Thanking You,
Sd/-
Principal,
GDC, Nowshera

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE, NOWSHERA

Press Release

Govt. Degree College Nowshera Celebrated 12th August 2017 as International Youth Day in the form of a Symposium on the topic HIV/AIDS. Dr. Khalil Ahmed Welcomed Principal, Staff and students of the college. Dr. K.R. Sharma, the Principal of the College impressed upon the students to create awareness regarding the modes of spread and its preventive measures in the society. Ten students spoke on this topic. The function was carried out under the banner of Red Ribbon of the college. In the last, Vote of thanks was presented by Ms. Anupama Sharma.


PRINCIPAL

OFFICE OF THE PRINCIPAL

GOVERNMENT DEGREE COLLEGE, NOWSHERA

REPORT ON CELEBRATION OF 'INTERNATIONAL YOUTH DAY 2017': BY GOVT. DEGREE COLLEGE, NOWSHERA

Govt. Degree College Nowshera celebrated 12th of August 2017 as 'International Youth Day' in the College under the banner of Red Ribbon Club and NSS Unit of the College. To make this day a meaningful & result oriented a committee of the following members was framed:

- | | |
|----------------------|---|
| • Ms. Anupama Sharma | Asstt. Professor |
| • Mr. Mukesh Sharma | Asstt. Professor |
| • Dr. Khalil Ahmed | Asstt. Professor, NSS Programme Officer |
| • Ms. Pooja Devi | Asstt. Professor |
| • Mr. Inam Ul Haq | Asstt. Professor |

Committee members discussed letter received by the College 10/08/2017 from the Department Jammu & Kashmir AIDS Control Society vide Letter No. JKSACS/17/849-53 dated 01/07/2017 and it was decided that NSS Volunteers and students of Botany & Zoology be involved to celebrate this day, while adopting the AIDS/HIV activity in the college. This activity will be spreaded over two days. On 12th of August 2017 a Symposium on AIDS/HIV will be organized and it will be followed by poster making on next working day on the same topic.

Accordingly College on 12th of August 2017 organized a symposium on AIDS/HIV in the conference room and Dr. K.R. Sharma, Principal of this College was the Chief Guest. About 70 students participated in this programme. Dr. Sharma presented the history and statistical picture of AIDS and concluded that Know AIDS and No AIDS is the only prevention of it. Later on 10 students very nicely spoke on the topic Asstt. Prof. Inam Ul Haq and Asstt. Prof. Pooja Devi were the resource persons of the day. Programme was anchored by Dr. Khalil Ahmed NSS Programme Officer.

Next working Day a Poster Making Competition was organized. Stationery material required for it was provided to the participants. Forty five students actively took part in this activity and very nicely portrait the topic in different forms on charts. All these are kept in our record. Refreshment on both the days was provided to the students.

Activity No. 1



Symposium on AIDS/HIV

Activity No. 2



Poster Making Competition

Sd/-
Principal,
GDC, Nowshera

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No.DCN/17/1146

Dated: 07/03/2018

Seminar/Symposium/Workshop held in the College during the session 2017-18

S.No.	Date	Event	Topic/Theme
01	12/8/2017	Awareness/Work Shop on HIV/AIDS	Awareness/Workshop on HIV/AIDS by Red Ribbon Club & NSS Unit of the College on 12/08/2017 on the eve of International Youth Day under the approved activates of the J&K State AIDS Control Society
02	5/9/2017	Symposium	Celebration of National Teacher Day on 5/9/2017
03	15/9/2017	Seminar on the topic	Hindi Ka Vashvik Swaroop
04	28/09/2017	Symposium/Quiz Competition	Symposium/ Quiz Competition on Environmental Awareness
05	02/10/2017	Symposium	On relevance of Gandhian philosophy in present Day World
06	13/10/2017	One Day Symposium & Rally	Symposium on Beti-Bachao, Beti - Padhoo & followed by Rally
07	25/01/2018	Seminar	On National Voter Day and Launch of Electoral Literacy Club (ELC) in the College on the eve of National Voter Day
08	15/02/2018	One Day Workshop	Workshop on Disaster Management in the Collaboration with NDRF

Sd/-
Principal,
GDC, Nowshera

OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE, NOWSHERA

Schedule for 'Swachhta Hi Seva'

Organized by Govt. Degree college Nowshera w.e.f
15.09.2017 to 03.10.2017

Under NSS

S.No.	Date	Programme
01	15/9/2017	Organize Pledge Ceremony to keep our surroundings neat & clean.
02	16/9/2017	Cleanliness of College library after 2 p.m.
03	18/9/2017	Cleanliness of the campus after 2 p.m.
04	19/9/2017	Cleanliness of all class rooms of 1st floor after 2 p.m.
05	20/9/2017	Awareness through Posters, Slogans
06	21/9/2017	Cleanliness of all class rooms of Ground floor after 2 p.m.
07	22/9/2017	Symposium on Swachhta Hi Seva
08	25/9/2017	Cleanliness of area back side of this building
09	26/9/2017	Rally regarding awareness of the Swachhta Hi Seva
10	28/9/2017	Deptt. of EVS will organize symposium on Environment
11	03/10/2017	Seminar regarding Mahatma Gandhi dreamt of an India which was not only free but also clean and developed.


NSS Programme Officer


PRINCIPAL

Celebration of National Teachers Day

The college celebrated the birth anniversary of India's Second President, Dr. S. RadhaKrishnan as 'National Teachers Day' on September 05, 2017. On this occasion, a seminar on the topic: Role of Teachers in the Present Scenario was organized in which 12 students expressed their views on the topic. All the faculty members were present in the occasion. The faculty who also spoke on this occasion were Prof. Mukesh Sharma, Prof. Anupama Sharma, Prof. Harbhajan Singh, Prof. Bandana Thakur and Prof. Khalil Ahmed.

The Principal of the college, Dr. Kuldip Raj Sharma presided over the function. While addressing the students, he elaborated the role of the teachers in the changed scenario and encouraged the students to take maximum benefit of the college teachers and to contribute in the welfare of the society.



Celebration of National Hindi Divas

The College celebrated the "National Hindi Divas" on Sept. 15, 2017 by organising a seminar on the theme: 'Hindi Ka Vashvik Swaroop' in which 17 students presented their papers on different aspects of this theme. This programme was organized by the Department of Hindi. The programme was inaugurated by the Principal of the college, Dr. K.R. Sharma.



'Swacheta Hi Seva' Programme

A sanitation campaign under 'Swacheta Hi Seva' mission was launched in the college with a pledge taken by the students and staff of the college to devote 100 hours per year to carry sanitation works and also to create awareness for cleanliness among all the stakeholders. The sanitation campaign is scheduled to be take place w.e.f. 15-9-2017 to 2-10-17 under the college notified schedule.



NSS Enrolment for the Session- 2017-18

In the last academic session, 2017-18, 70 students were enrolled for National Service Scheme (NSS) under the supervision of Dr. Khaleel Ahmed Reshi, the NSS Programme Officer. The enrolment drive was formally inaugurated by the Principal of the college, Dr. Kuldip raj Sharma.



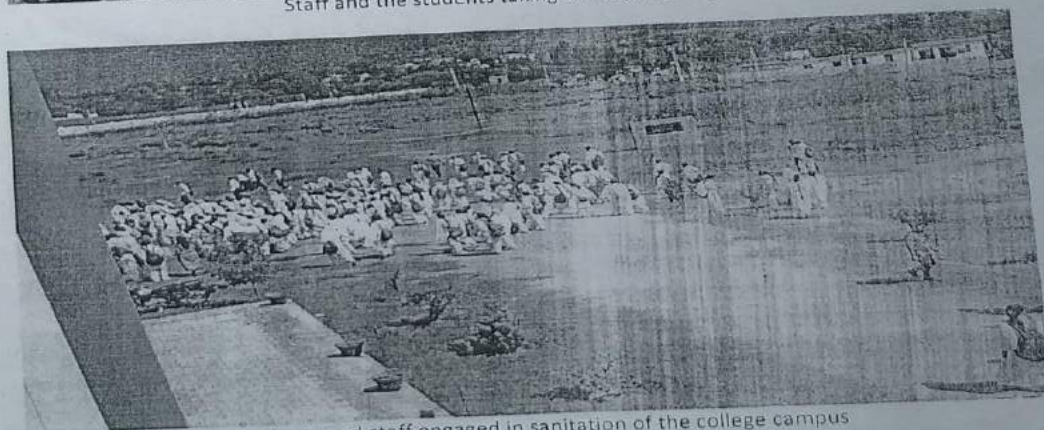
OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE, NOWSHERA

Sanitation Campaign under 'SWACHETA HI SEWA'

GDC Nowshera today taken the pledge to launch sanitation campaign (Swacheta Hi Sewa) w.e.f. 15-9-2017 to 02-10-2017 under the college notified schedule.



Staff and the students taking sanitation pledge



Students and staff engaged in sanitation of the college campus

Identity Card

1. Every student on being admitted shall be issued an identity card which he/she will carry all times and shall produce on demand while in the college.
2. The loss of identity card should be reported immediately.
3. Duplicate card may be issued after proper verification against payment of Rs. 100.
4. Identity card must be returned at the end of each session failing which an amount of Rs. 200 shall be charged.

NSS Wing

NSS unit comprising 70 volunteers is running in the college under the stewardship of experienced programme officer, for inculcating the true moral values among students and they are encouraged to participate actively in the scheme to foster love and passion for humanity, brotherhood and selfless service for the mankind.



Red Ribbon Club

The College has created a Red Ribbon Club in collaboration with J&K State AIDS Prevention & Control Society, Department of Health and Medical Education for the dissemination of information regarding the prevention of HIV and AIDS through various AIDS awareness programme instituted by the Health Department within as well as outside the college premises. This shall equip the students in particular and the society in general about the relevant information to keep them insulated from this deadly disease.

NCC Wing

The National Cadet Corps in India is a voluntary organization that involves students in adventurous activities. NCC Girls unit has been allotted to the College which inculcates values of Patriotism, Leadership, courage and Discipline. NCC also helps the cadets in seeking Jobs in Police, paramilitary and defence forces.

Electoral Literacy Club

An Electoral Literacy Club (ELC) consisting of Prof. Anupama Sharma as the College Ambassador, Prof. Mukesh Sharma as the Nodal Officer, three other faculty members and four students as members-students was constituted and launched on the eve of national voter's day during this 2017-18 academic session.

Department of Games And Sports

The College has a department of sports and games to promote among the students the qualities of sportsmanship and to tap the nascent talent lying among the students of the area. The Department has good lot of sports material for meeting the true requirements of various sports activities in which students are continuously encouraged to participate including inter college as well as national tournament/competition from time to time. Special emphasis is given to overall development personality through various



NOTICE

Intra college seminar on crime against women

NSS unit in collaboration with women cell is going to organize a seminar on crime against women.

Date: 9sept,2017

Sub themes

- Eve- teasing, molestation, sexual abuse
- trafficking of women and girl child
- sexual harassment and abuse at work place
- domestic violence and honour based violence
- cyber crime against women

Objective of the seminar

- to raise awareness on the issue of gender violence
- to analyze the causes and factors of violence against women



CONVENER
CULTURAL COMMITTEE

REPORT

Govt. Degree College Nowshera organized a seminar on importance of women in the society. The seminar was inaugurated by the principal of the college Dr. K R Sharma. In his message he conveyed the audience the importance of women in the society as a whole and said no country can develop and sustained if women are not respected, empowered and liberated. Speaking on the occasion prof. Anupama Sharma HOD education emphasized about daily life trials and challenges encountered by women's. she focused how every women should inspire and provide support to one another and be each other's strength. Prof. Rajani Devi HOD sociology speaking on the occasion acknowledged the contribution and presence of the ladies and in their lives whether she is mother, wife, sister, daughter or as a friend etc. Other faculty members also spoke on the occasion the seminar was actively participated and attended by all the students of the college. The seminar concluded with vote of thanks by prof. Anupama sharma HOD education.

WMS
PRINCIPAL

**OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE,
NOWSHERA**

**Two Prominent Activities of GDC, Nowshera from 1st of
Oct. to 10th of Dec. 2017.**

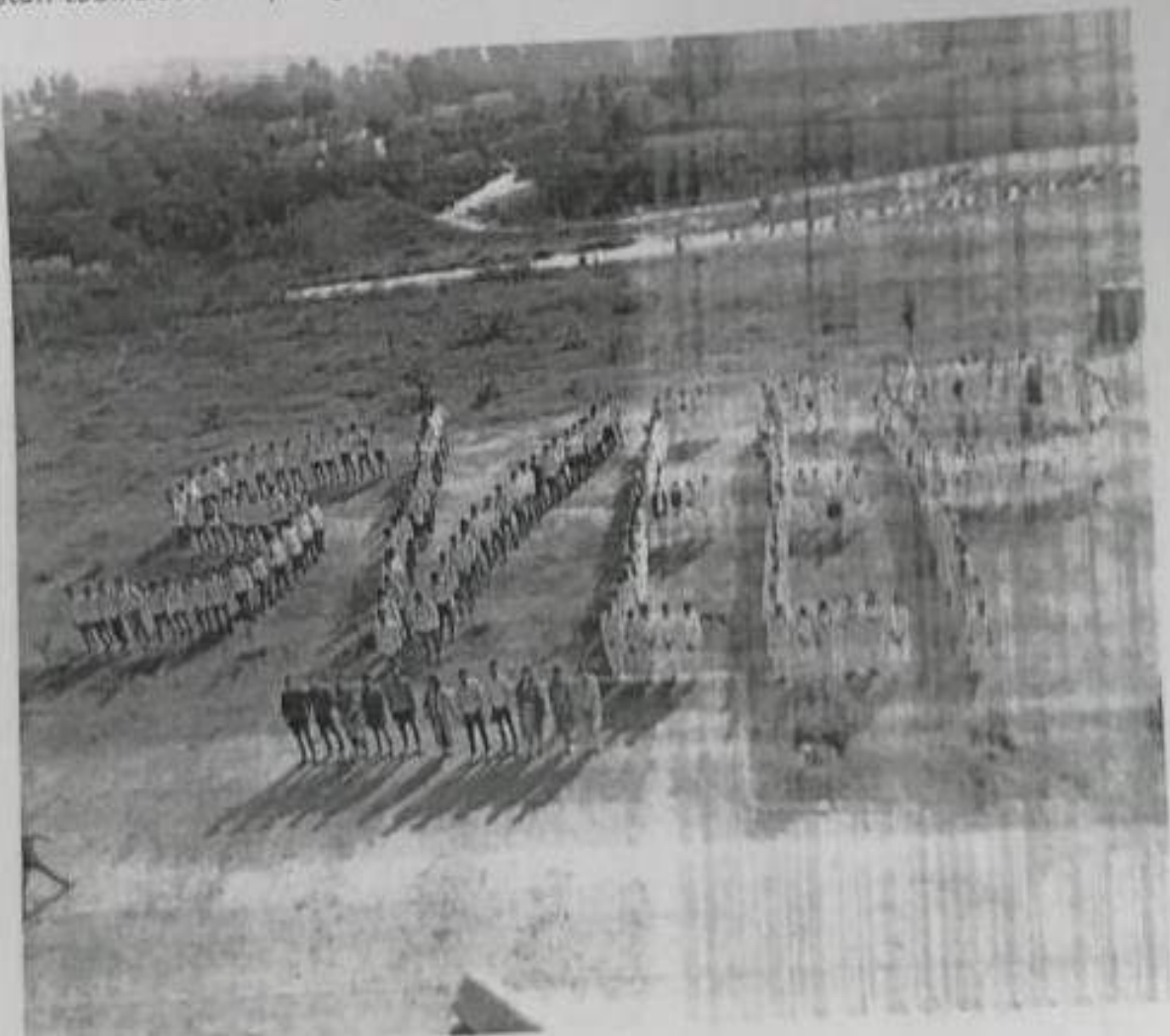
Activity- 1: Organization of Rally and Awareness Campaign to Celebrate the 'Beti Bachao Beti Padhao', Abhiyan.

The students and the staff of Govt. Degree College, Nowshera organized a rally from the college campus to the office of the Sub-District Magistrate, Nowshera passing through various Educational Institutions and Tehsil Offices to create awareness among the various stake-holders regarding the cause of 'Beti Bachao Beti Padhao'. During the rally, appeals were made through speeches, slogans and posters to save the girl child. A copy of this message in the form of certificate was also handed over to all the Heads of various administrative offices and educational institutions by the college authorities.



Activity- 2: Awareness Programme in connection with SVEEP

Govt. Degree College, Nowshera organized a programme on 28 Oct., 2017 to carry forward the ongoing SVEEP programme for special summery revision of photo electoral Roll 2018. In this Connection College organized Volley Ball match Kho-Kho, and lecturers to create awareness among the students. All the students' staff took a solemn pledge on the occasion also.




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A Report

Govt. Degree College Nowshera carried out a programme on Beti Bachao Beti Padhao on 30 JAN 2017. The SDM of the Nowshera was the chief guest of the programme. The objective of the programme was to create awareness among the students about the decline of sex ratio. Speech competition was held in smart class room of the college. The medium of the completion was Hindi, English and Urdu. The video of the above topic was displayed through projector to the students.

Next day students and staff arranged rally on Beti Bachao Beti Padhao, save girl child, Educate girl child and so on to create awareness among the public of Nowshera town. Apart from this college has carried out many activities debate competition, Essay competition and poster making competition.


Programme Coordinator


PRINCIPAL

OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE,
NOWSHERA

Notice

It is to inform to all the students who are registered under R.R.C. to attend the Lecturer/Seminar on topic HIV/AIDS on 12/08/2017 at 12.30 p.m. of this college which is being organized by Red Ribbon Club in collaboration with J&K state AIDS Control Society on the occasion of 'International Youth Day 2017'.

The participants will deliver the lecturer on topic HIV/AIDS and participate poster making competition topic.

11/08/2017

Dated:- 11-08/2017.

[Signature]
PRINCIPAL
Principal
Govt. Degree College
Nowshera.

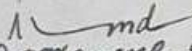
OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE NOWSHERA.

REPORT

PLANTATION DRIVE

Our college launched an extensive plantation drive in collaboration with forest department on 29 August 2017. A lecture was also organized in the college in which Director forestry district Rajouri and the principal of the college spoke about the importance of trees and natural resources. Later on all the staff members students and staff of the social forestry planted about 500 plants in the campus. The programme ended with signing of a pledge by the students and teachers to sensitize people in their vicinity about the important of trees and planting more trees.


PRINCIPAL.


NSS Programme officer

2018-19

Government Degree College Nowshera



A REPORT ON
SEVEN DAYS NSS CAMP
(05.01.2019 to 11/01/2019)

"NOT ME, BUT YOU"
ORGANIZED BY NSS UNIT OF

Government Degree College Nowshera

Dr. Khalil Ahmed
NSS Programme Officer

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8. PLANTATION AND DECORATION
9. VALEDICTORY

1. INTRODUCTION

The aim of the NSS Winter Camp is to educate the people and empower them. With this motto, the NSS UNIT of Govt. Degree College Nowshera comprising of 63 students has organized winter camp in the College Campus. The camp has been conducted under the supervision of College Management and NSS Program officer Dr. Khalil Ahmed. The NSS team members are divided to different groups and conducted a 7 days winter camp in the Campus.

2. SCHEDULE

Date	Topic of activities	Resource person
5-1-2019	General awareness about NSS	Dr. Mukesh Kumar Asstt. Prof. GDC Billawar
6-1-2019	Oath ceremony and national Song etc	NSS Programme Officer & NSS Volunteers
7-1-2019	Symposium on Drug addiction	Prof. Atal Bharati Department of Physics
8-1-2019	Cleanliness Drive in the college campus, marking of Plants with stones and white wash the marking stones	NSS Programme Officer & NSS Volunteers
9-1-2019	Seminar on Swachhta Hi Seva, visit to Bal Ashram to Nowshera town	NSS Programme Officer & NSS Volunteers
10-1-2019	Cultural activities, Plantation and Cleanliness drive motivational lecture	Retd. Commanding Officer Indian Air Force Sh. Hem Raj

11-1-219	Cleanliness drive and valedictory function	Dr. K.R. Sharma, Prof. Nazakat Hussain, Prof. Anupama Sharma & Prof. Mukesh Sharma
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FIRST DAY OF CAMP

On the first day of the NSS Seven day winter camp which was started on 5-1-2019 to 11-01-2019 all the volunteers gathered in the ground of the college and took oath to remain punctual and devote their precious time for all activities during camp. The NSS Programme Officer stressed to inculcate leadership quality, confidence and competency among the students. About 60 NSS volunteers were separated into three groups each group was begin supervised by senior students and morning session was started from the college ground with National Song. The evening shift was started at 2:00 pm with the lecture of Dr. Mukesh Kumar, the resource person from GDC Billawar, deliver lecturer on drug addiction.

The stage and proceeding of the topic was managed by NSS Volunteers Tushar Gupta. Dr. Mukesh imparted valuable information and the statistical data of youth involved in Drug Addiction which was very alarming. He also advocated its consequences and remedial measures to the students and appeal to the students to become the brand ambassador of their own localities to make the drug free society particularly youth.

Volunteers raised a number of question and clear doubts from the resource person. At the end of the session Danish Kapoor delivered vote of thank to Resource Person, NSS Programme officer and all the volunteers.

SECOND DAY OF CAMP

On the next day first session was started with cleanliness drive in the college campus and weed out unwanted plants and cut down the shrubs. In the second session the NSS volunteers organized a symposium on *Swachhta Hi Seva* where Prof. Atal Bharati from Department of Physics was the resource person of the occasion.

THIRD DAY OF CAMP

The next day was started with decoration of plants with stones in the college campus. In the second session the NSS volunteers organized a programme of awareness and elaborate the importance of plants.

FOURTH DAY OF CAMP

On the next day, NSS volunteers visited Bal Ashram of Nowshera town where they interacted to the students of Bal Ashram and also aware them about drug addiction, HIV/AIDS and *Swachhita Hi Seva*.

FIFTH DAY OF CAMP

On the next day, NSS Volunteers organized cultural activities such as dance, music and local songs. In the second session all the NSS volunteers started plantation and cleanliness drive inside the college campus.

SIXTH DAY OF CAMP

The next day was started with the motivational Lecture by Dr. Khalil Ahmed (NSS Programme Officer) in the smart class room of the college. He stressed on the safety of youth from drugs addictions. Besides, Hem Raj (Retd.) Commanding Officer of Indian Air Force. in his motivational Lecturer put light on the building of their future and aware them with guidance and counseling.

SEVENTH DAY OF CAMP

The concluding day of the camp was divided into two sessions. In the first session the final cleanliness drive was handled. The Second and final session was scheduled for valedictory function which was presided by Dr. K.R. Sharma, Principal of the college, appreciated Dr. Khalil Ahmed, NSS programme Officer of the College NSS Unit and the volunteers for their dedication and work. Other who were present in valedictory function were Prof. Nazakat Hussain, Prof. Anupama Sharma and Prof. Mukesh Sharma.

3. LIST OF VOLUNTEERS PARTICIPATED IN NSS WINTER CAMP

S. No	Name	Remarks
1	Shuvam Kumar	-
2	Rajinder Singh	-
3	Junaaid Iqbal	-
4	Sukhvinder Singh	-
5	Yashpaul Choudhary	-
6	Serish Ashrif	-
7	Gourar Kumar	-
8	Vitika Sharma	-
9	Rishiv Sharma	-
10	Jasmeet Singh	-
11	Ramneek Kour	-
12	Hardeep Kour	-

5. CLEANLINESS AND SWACHHTA DERIVE



Volunteers taking oaths for cleanliness



Volunteers engaged in weeding out the unwanted plants



Volunteers cutting down the shrubs

6. GUIDENCE AND COUNCLING



Volunteers and Resource person have a click after lecture

7. LECTURE ON DRUG ADDICTION



Volunteers calmly listening lecture on drug addiction in the ground

8. PLANTATION AND DECORATION



Volunteers preparing the plants for decoration



Volunteers working under the supervision of Dr. Khalil Ahmed

Dr. Khalil Ahmed giving instructions to the Volunteers



ers



College employees are also taking part in the derive



Dr. Khalil Ahmed himself engaged in white washing



Dr. Khalil Ahmed and Volunteers after concluding the Camp

9..VALEDICTORY



1st row: From right to left; Prof. (Dr.) Kuldeep Raj Sharma, Principal of the college, Dr Nazakat Hussain and Dr. Khalil Ahmed, NSS Programme Officer of the college

Behind: The NSS Volunteers of the college.

THANKS

OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)
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No.DCN/18/795

Dated: 26/09/2018

SVEEP Activities

The Govt. Degree College Nowshera organised a number of activities in connection with SVEEP in the current session.

In the series of such activities, the college organised a mega Electoral Awareness Programme on Sept. 26, 2018 in which all adjoining Higher Secondary Schools also participated. In this awareness campaign, a symposium on 'Voting Awareness' was organised in which 8 students participated and shared their views on participation of youth in elections/voting.

The other activities carried out in the mega Electoral Awareness programme were Nokad Natak on Electoral Voting and Quiz competition to dispense information about voting, universal Adult Franchise, Election Commission of India, Elections (Parliamentary and legislature) and SVEEP programme.









The Additional Deputy Commissioner of Nowshera S.D. Singh, Principal of Higher Secondary Schools of Nowshera and the Principal of the College, Dr. K.R.Sharma were present in the mega awareness campaign.

The other activities organised by college are 'Poster making competition on voter awareness' and a rally passing through the town Nowshera.







The college is going planned to organise a demonstration Lecturer on EVM & VVPAT to the students of the college in the next week.

Sd/-
Principal

2019-20

GOVERNMENT DEGREE COLLEGE, NOWSHERA



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No.DCN/19/ 1263

Dated: 02/10/2019

Press Release

Govt. Degree College Nowshera on the 150th Birth Anniversary of Mahatma Gandhi, the father of nation organized a symposium on relevance of Gandhian Philosophy in our day to day life followed by a cleanliness drive in the college. NSS Volunteers, Staff participated today and this is in contribution of series of programme organized in the college . College also paid tributes of our great leader Sh. Lal Bahadur Shastri.

Sd/-
Principal,
GDC, Nowshera









OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)

E-mail. gdcnowshera@gmail.com,
Tell. Phone/Fax 01960-230323,230324 Mob. 94192-56701

No.DCN/19/1303
Dated: 14/11/2019

Following activities are organised in Govt. Degree College Nowshera in connection with observance of the 550th Anniversary of Guru Nanak Dev Ji.

S.No.	Date of Conduct of Activities	Time	Name of the Activities
01	22/10/2019	10.30 am to 12.30 pm	Documentary on the life of Guru Nanak Dev Ji.
02	23/10/2019	11.00 am to 01.00 pm	Quiz (oral) Competition on Sikhism
03	24/10/2019	11.30 am to 1.30 pm	Seminar on Guru Nanak Dev Ji life and teachings.
04	25/10/2019	11.00 am to 12.30 pm	Sports Activities
05	31/10/2019	10.30 am to 12.30 pm	Community Service
06	01/11/2019	11.00 am to 12.30 pm	Lectures on Comparative religious studies.



OFFICE OF THE PRINCIPAL

GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)

E-mail. gdcnowshera@gmail.com,

Tell. Phone/Fax 01960-230323,230324 Mob. 94192-56701

No.DCN/19/1279

Dated: 25/10/2019

Press Release

Today on the eve of 550th Birth Anniversary of Guru Nanak Dev Ji, the Department of Punjabi under the supervision of Dr. Harbhajan Singh Govt. Degree College Nowshera organized various activities like Quiz, Seminar on Guru Nanak Dev Ji life and teachings, Lectures on Comparative religious studies. Painting, Debate and Sports competitions. Faculty members and the students actively participated in it. Certificates were distributed among both the participants and winners of different activities. Under the program of community services study materials, fruits and sweets were also distributed among the students of Bal Ashram Nowshera. Incharge Principal Prof. Anupama Sharma, Prof. Atal Bharati, Dr. Harbhajan Singh, Prof. Inam Ul Haq, Prof. Gurjeet Singh & Dr. Harshvardhan were also present on the occasion.

Sd/-
Principal
GDC,Nowshera



Winners of various events









Sweet
Selfie

2020-21

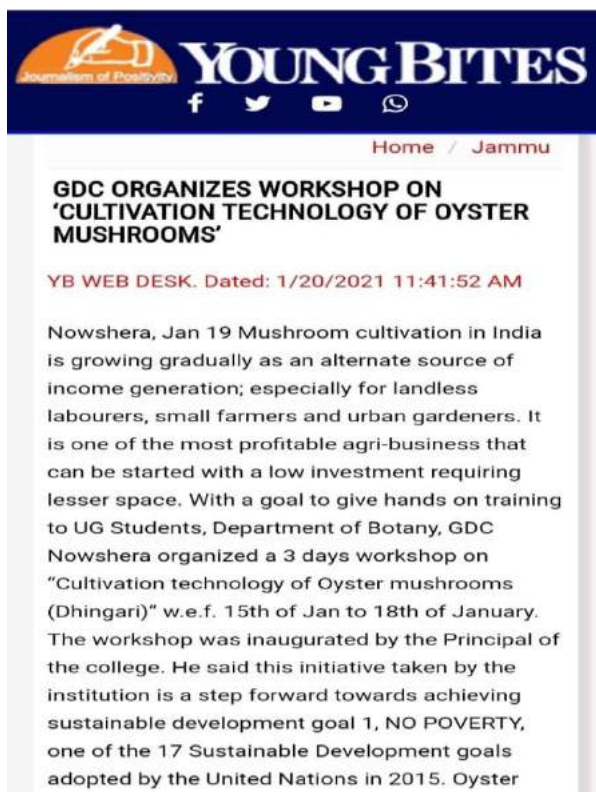
GOVT DEGREE COLLEGE NOWSHERA

ACTIVITIES CONDUCTED FROM JANUARY 2021 TO JUNE

2021

BOTANY DEPARTMENT

Department of botany organized 3-days workshop on cultivation technology of Oyster mushroom (15/01/21- 18-01-21)



YOUNG BITES
Journalism of Positivity

Home / Jammu

GDC ORGANIZES WORKSHOP ON 'CULTIVATION TECHNOLOGY OF OYSTER MUSHROOMS'

YB WEB DESK. Dated: 1/20/2021 11:41:52 AM

Nowshera, Jan 19 Mushroom cultivation in India is growing gradually as an alternate source of income generation; especially for landless labourers, small farmers and urban gardeners. It is one of the most profitable agri-business that can be started with a low investment requiring lesser space. With a goal to give hands on training to UG Students, Department of Botany, GDC Nowshera organized a 3 days workshop on "Cultivation technology of Oyster mushrooms (Dhingari)" w.e.f. 15th of Jan to 18th of January. The workshop was inaugurated by the Principal of the college. He said this initiative taken by the institution is a step forward towards achieving sustainable development goal 1, NO POVERTY, one of the 17 Sustainable Development goals adopted by the United Nations in 2015. Oyster

Department of Botany, GDC Nowshera
Is organising a workshop on cultivation technique of
Oyster mushroom (dhingari)
w.e.f. 15/01/2021 to 18/01/2021.

The interested students can join the workshop as per the given schedule:

►Day 1 (15/01/2021):- Lecture on mushroom cultivation with emphasis on cultivation technique of Oyster mushroom
Venue: smart class room
Timing :- 11:30 am sharp
Resource person:- Prof. Pooja Devi, Asstt. Prof. Botany

►Day 2 (16/01/2021):- Practical demonstration on Substrate Preparation for Oyster mushroom cultivation

►Day 3 (18/01/2021):- Practical demonstration on Spawning of substrate and Incubation

NOTE:- No entry without a mask.

Patron: Dr. Surinder Kumar, Principal GDC Nowshera

Department of botany organized workshop on cultivation and Harvesting of Oyster mushrooms (23/02/21)



जीडीसी नौशेरा में उगाई मशरूम (ढिंगरी)

नौशेरा। (जम्मू परिवर्तन ब्यूरो) : जीडीसी नौशेरा के वनस्पति विज्ञान विभाग द्वारा ऑयस्टर मशरूम (ढिंगरी) की पहली फसल काटी गई थी। 18 जनवरी, 2021 को बंद कमरे में स्प्रॉउट बैग में संचित किए गए पिनहेड्स (मशरूम प्रिमोर्दिया) लगभग एक सप्ताह के समय में परिपक्व हो गए। परिपक्व मशरूम को आज काटा गया और पहली फसल का वजन लगभग 250 ग्राम था जिसे कॉलेज प्रधानाचार्य डॉ. सुरिंदर कुमार ने 50 रुपये में खरीदा। उन्होंने शानदार परिणाम के लिए वनस्पति विज्ञान विभागाध्यक्ष प्रो. पूजा देवी को बधाई दी। उन्होंने मशरूम की खेती के महत्वपूर्ण कौशल में कॉलेज के छात्रों की प्रशिक्षण प्रदान करने के लिए वनस्पति विज्ञान विभाग द्वारा किए गए प्रयासों की सराहना की। उन्होंने कहा कि छात्र अपनी पढ़ाई को प्रभावित किए बिना कुछ आय बढ़ाने के लिए इसे अंशकालिक व्यवसाय के रूप में अपना सकते हैं।

Breaking
News :



NEW DETAILS

First crop of Oyster mushroom (Dhingari) harvested at GDC Nowshera

Early Times Report

NOWSHERA, Feb 23: The fruitful results of 3-day workshop organized by Department of Botany on "Cultivation Technology of Oyster mushroom (Dhingari)" were reaped as the college harvested the first crop of mushrooms, here today. The spawned bags were incubated in a pre-fumigated room on January 18, 2021. The bags got covered with a cottony growth of mycelium followed by the formation of pinheads (mushroom primordia) which got matured in about a week's time. The matured mushrooms were harvested today and the first crop weighed about 250gms. Dr. Surinder Kumar, college Principal purchased the freshly harvested crop for Rs. 50. He congratulated Prof. Pooja Devi, Head of Department Botany for the wonderful results. He applauded the efforts made by Botany Department for providing hands on training to the college students in the important skill of mushroom cultivation. He said that the students can adopt it as a part time business to raise some income without affecting their studies

DEPARTMENT OF PHYSICAL EDUCATION

Department of Physical Education organises two days Virtual Workshop to celebrate International Day of Yoga 2021.

The poster is for a two-day yoga workshop organized by the Department of Physical Education and Sports at Govt. Degree College Nowshera. It is in collaboration with the NCC Unit under the aegis of IQAC. The workshop is for International Yoga Day 2021, held on June 20th and 21st, 2021. The events include prayer, introduction of yoga, asanas, pranayam, and the importance of yoga. The patron is Dr. Surinder Kumar, Principal. The participation link is meet.google.com/acf-nucx-bbu. The resource person is Shri. Ravi Chander, a Patanjali Yog Peeth Haridwar expert. The coordinators are Prof. Joginder Singh (IQAC) and Dr. Akhil Khajuria (Physical Education).

GOVT. DEGREE COLLEGE NOWSHERA

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
IN COLLABORATION WITH THE NCC UNIT
UNDER THE AEGIS OF IQAC

IS ORGANISING
TWO DAYS YOGA WORKSHOP TO CELEBRATE
INTERNATIONAL YOGA DAY 2021
ON 20TH AND 21ST JUNE 2021

EVENTS:

- PRAYER
- INTRODUCTION OF YOGA
- ASANAS
- PRANAYAM
- IMPORTANCE OF YOGA

NOTE:

- PARTICIPANTS: FACULTY AND STUDENTS
- DATE: 20TH AND 21ST JUNE 2021
- TIME: 7.00 AM TO 7.45 AM
- PLATFORM: GOOGLE MEET

PARTICIPATION LINK:
meet.google.com/acf-nucx-bbu

PATRON:
DR. SURINDER KUMAR
PRINCIPAL

RESOURCE PERSON/YOG EXPERT:
SHRI. RAVI CHANDER
PATANJALI YOG PEETH, HARIDWAR

COORDINATORS:
PROF. JOGINDER SINGH
COORDINATOR, IQAC

PROGRAMME COORDINATOR:
DR. AKHIL KHAJURIA

GDC Nowshera organized a series of events

SAHIL CHOUDHARY
NEWSHERA, JUNE 21:

Department of Physical Education and Sports in collaboration with NCC Unit of Govt. Degree College, Nowshera under the aegis of IQAC organized TWO DAYS YOGA WORKSHOP through virtual mode TO CELEBRATE "INTERNATIONAL DAY OF YOGA, 2021" on 20-21 June, 2021.

A Large number of faculty Members and students of different Colleges and Universities participated in the two days workshop. Shri. Ravi Chander, Yog Expert, certified from Patanjali yog peeth, Haridwar, was the Resource person. The work-



shop was aimed to celebrate the international day of Yoga 2021 and to promote yoga for healthy living.

On day 2nd, of two days workshop, the session started with welcome address by Dr. Surinder Kumar, principal of the college. He said that the aim of organizing this workshop is to acknowledge the students and the faculty about the importance and benefits of yoga for their health. He also added that it's important to practice yoga daily to

attain peace of mind and to release mental stress.

The resource person, Shri Ravi Chander ji demonstrated yog practices as per yog protocol of international day of yoga 2021 which includes prayer, asanas, pranayam and delivered a lecture on the role and importance of yoga. Dr. Ayushi Sharma also assisted and gave a briefing about yoga in the session.

A yoga session was also organized by Department of Physical Education and

Sports in Collaboration with Department of Sanskrit for both Faculty members and students. A detailed demonstration of various yogasanas like padmasana, tadasana, vrikshasana, surya namaskar and many other poses was made by Dr. Gourav Sharma, HOD Sanskrit of the college.

The Event was organized under the patronage of Dr. Surinder Kumar, Principal of the college and under the supervision of Prof. Joginder Singh, Coordinator IQAC GDC Nowshera, Dr. Akhil Khajuria, HOD Physical Education and Sports was the Programme Coordinator.

GDC INAUGURATES TWO DAYS YOGA WORKSHOP

YB WEB DESK. Dated: 6/21/2023
 11:49:53 AM

YB News Nowshera, June 20 Department of Physical Education and Sports in collaboration with NCC Unit of Govt. Degree College, Nowshera under the aegis of IQAC inaugurated TWO DAYS YOGA WORKSHOP through virtual mode to celebrate "INTERNATIONAL DAY OF YOGA, 2021" Department of Physical Education and Sports in collaboration with NCC Unit of Govt. Degree College, Nowshera under the aegis of IQAC inaugurated TWO DAYS YOGA WORKSHOP through virtual mode TO CELEBRATE "INTERNATIONAL DAY OF YOGA, 2021" on 20th June 2021. A Large number of faculty and students of different Colleges and Universities participated in the first day, of two days workshop. Ravi Chander, Yog Expert, certified from Patanjali yoga peeth,

Principal GDC Bageshwar

Dr. Ravi Chander, Yog Expert, certified from Patanjali yoga peeth,

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Dr. Ravi Chander, Yog Expert, certified from Patanjali yoga peeth,

Principal GDC Bageshwar

Sheetal Gupta Assistant professor Department of

GDC Nowshera starts two-day Yoga workshop

■ STATE TIMES NEWS
 NOWSHERA: Department of Physical Education and Sports in collaboration with NCC Unit of Govt. Degree College, Nowshera under the aegis of IQAC inaugurated two days yoga workshop through virtual mode TO celebrate "INTERNATIONAL DAY OF YOGA, 2021" on Sunday. A large number of faculty and students of different Colleges and Universities participated in the first day, of two days workshop. Ravi Chander, Yog Expert, certified from Patanjali yoga peeth, Haridwar;

DISCLAIMER
 "STATE TIMES" does not take responsibility for the contents of the advertisements (Display/Classified) carried in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon."

International Yoga Day(21 June).

was the Resource person. The workshop was aimed to celebrate the international day of Yoga 2021 and to promote yoga for healthy living.

On day one, the session started with welcome address by Dr. Surinder Kumar, principal of the college.

He said that the aim of organizing this workshop is to acknowledge the students and the faculty about the importance and benefits of yoga for their health.

It was followed by the prayer, asanas and lecture delivered by the resource person Ravi Chander on the role and importance of yoga. Atul Sharma, Civil Engineer and Richima Sharma Acharyashiksha, Haridwar also assisted and demonstrated in the session.

The event was organized under the patronage of Dr. Surinder Kumar, Principal of the college and under the supervision of Prof. Joginder Singh, Coordinator IQAC GDC Nowshera, Dr. Akhil Khajuria, HOD Physical Education and Sports was the Programme Coordinator.

Principal GDC Bageshwar

Dr. Ravi Chander, Yog Expert, certified from Patanjali yoga peeth,

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Dr. Ravi Chander, Yog Expert, certified from Patanjali yoga peeth,

Principal GDC Bageshwar

Department of Physical Education in collaboration with Department of Sanskrit organises a Yoga Session for faculty And students to celebrate International Day of Yoga 2021, on 21 June 2021.



The poster is for an online yoga session organized by the Department of Physical Education and Sports in collaboration with the Department of Sanskrit at Govt Degree College Nowshera. It features the college's name at the top, logos on the sides, and a central image of the college building. Below the building, there are callouts for the patron, yoga instructor, and coordinators, along with the date, time, and participation link.

**GOVT DEGREE COLLEGE
NOWSHERA**

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
IN COLLABORATION WITH THE DEPARTMENT OF SANSKRIT
UNDER THE BANNER OF IQAC
IS ORGANISING AN ONLINE YOGA SESSION FOR COLLEGE FACULTY AND
STUDENTS TO CELEBRATE "INTERNATIONAL YOGA DAY 2021"
ON 21 JUNE 2021

**PATRON
DR. SURINDER KUMAR
PRINCIPAL**

**DR. GOURAV SHARMA
(YOGA INSTRUCTOR)
HOD, DEPT. OF SANSKRIT
(GDC NOWSHERA)**

**DATE AND TIME:
6.30 AM TO 7.00 AM
21 JUNE 2021**

**PARTICIPATION LINK
meet.google.com/eag-matf-rtu**

**PROF. JOGINDER SINGH
COORDINATOR, IQAC**

**DR. AKHIL KHAJURIA
PROGRAMME COORDINATOR**

GDC Nowshera organized a series of events

SAHIL CHOUDHARY
NEWSHERA, JUNE 21:

Department of Physical Education and Sports in collaboration with NCC Unit of Govt. Degree College, Nowshera under the aegis of IQAC organized TWO DAYS YOGA WORKSHOP through virtual mode TO CELEBRATE "INTERNATIONAL DAY OF YOGA, 2021" on 20- 21 June, 2021.

A Large number of faculty Members and students of different Colleges and Universities participated in the two days workshop. Shri. Ravi Chander, Yog Expert, certified from Patanjali yog peeth, Haridwar, was the Resource person. The work-



shop was aimed to celebrate the international day of Yoga 2021 and to promote yoga for healthy living.

On day 2nd, of two days workshop, the session started with welcome address by Dr. Surinder Kumar, principal of the college. He said that the aim of organizing this workshop is to acknowledge the students and the faculty about the importance and benefits of yoga for their health. He also added that it's important to practice yoga daily to

attain peace of mind and to release mental stress.

The resource person, Shri Ravi Chander ji demonstrated yog practices as per yog protocol of international day of yoga 2021 which includes prayer, asanas, pranayam and delivered a lecture on the role and importance of yoga. Dr. Ayushi Sharma also assisted and gave a briefing about yoga in the session.

A yoga session was also organized by Department of Physical Education and

Sports in Collaboration with Department of Sanskrit for both Faculty members and students. A detailed demonstration of various yogasanas like padmasana, tadasana, vrikshasana, surya namaskar and many other poses was made by Dr. Gourav Sharma, HOD Sanskrit of the college.

The Event was organized under the patronage of Dr. Surinder Kumar, Principal of the college and under the supervision of Prof. Joginder Singh, Coordinator IQAC GDC Nowshera, Dr. Akhil Khajuria, HOD Physical Education and Sports was the Programme Coordinator.



ECONOMICS

National Webinar on “Aatmnirbhar Bharat and Current Account Deficit” (19-02-2021)

GDC Nowshera conducts national level webinar

■ STATE TIMES NEWS

NOWSHERA: The Department of Economics, Govt. Degree College Nowshera conducted National Level Webinar entitled "Aatmnirbhar Bharat and Current Account Deficit" on Monday. The webinar was presided over by Dr. Surinder Kumar, Principal, GDC, Nowshera and Coordinated by Dr. Rubeenah Akhter, Faculty Department of Economics.

The De-Globalisation forces that have emerged around the world in the last decade-particularly during pandemic, mandates a serious rethink in the extent and manner India should interact with the world. In this context, the webinar makes an effort to highlight need and significance of an initiative like Aatmnirbhar Bharat recently taken by the Govt. of India.

Dr Rubeenah Akhter in her

opening remarks introduced the theme and the purpose of webinar. She informed the audience that around 200 participants registered for the webinar which include various faculty members, research scholars and students from different states including Jammu and Kashmir.

Dr. Surinder Kumar, Principal of GDC Nowshera formally welcomed Resource Person, Dr. Sajad Ahmad Rather and appreciated faculty of Economics for organising National Level Webinar.

Dr. Sajad Ahmad Rather, Assistant Professor, Baba Ghulam Shah Badshah University, Rajouri, the Resource Person of this webinar explained in his elaborated presentation, the purpose and benefits of this initiative. The programme was concluded with a formal vote of thanks proposed by Madhu Bala, faculty Department of English.

DEPARTMENT OF ECONOMICS

Government Degree College, Nowshera



Chief Patron
Principal
Dr. Surinder Kumar
Govt, Degree College Nowshera

Organising

National Webinar on
“Aatmnirbhar Bharat and
Current Account Deficit ”



Timing
11:30-
1:30

On 19
Feb. 2021

Resource Person




Dr. Sajad Ahmad Rather
Asst. Professor
Department of Economics
Baba Ghulam Shah Badshah University, Rajouri

<https://meet.google.com/oos-ytte-dna>




Organizing Secretary
Dr. Rubeenah Akhter
Lecturer Economics

National Level symposium on the theme "The great Indian Mathematicians and their contributions".(30/05/21)




**GOVERNMENT DEGREE COLLEGE,
NOWSHERA (RAJOURI), J&K**



**DEPARTMENT OF MATHEMATICS IN COLLABORATION WITH
IQAC**
is going to organize a National Level Symposium
on the theme
"THE GREAT INDIAN MATHEMATICIANS AND THEIR CONTRIBUTIONS".
UNDER AZADI KA AMRIT MAHOTSAV
The interested student can send their audio, video, or ppt on the theme with full details to the WhatsApp number:
9906040848
on or before 30th of May 2021, 12:00 noon

- If people don't believe that mathematics is simple, it is only because they don't realize how complicated life is.
- Mathematics may not teach us how to add love or minus hate. But it gives us every reason to hope that every problem has a solution.



An equation means nothing to me unless it expresses a thought of God.
— Srinivasa Ramanujan —

Note:

- Competition is open to all.
- There is no registration fee.
- E-certificate will be provided to the top 3 contestants.

Chief Patron
Dr. Surinder Kumar
Principal

Harshal Sharma
H.O.D Mathematics

and second positions respectively while Famedha Ferozal and Madhavi Sharma of GDC Nowshera were adjudged third. These top three contestants were awarded with certificates of excellence. While all other participants were given certificates of participation. The jury members of the competition were Prof. Inam- UlHaq, Lect. Madhu Bala, Lect. and Lect. Dr. Rubeenah Akhter of GDC, Nowshera. The Principal appreciated Prof. Harshal Sharma, HOD Mathematics for organizing this symposium.

GDC Nowshera organized an online symposium on the topic "The Great Indian Mathematician and their Contributions"

GDC Nowshera organized an online symposium on the topic "The Great Indian Mathematician and their Contributions"

SAHIL CHOUDHARY
NOWSHERA, JUNE 3:
Department of Mathematics, in collaboration with IQAC organised an online symposium on the topic "The Great Indian Mathematician and their Contributions" under the aegis of Azadi Ka Amrit Mahotsav. The Symposium was presided over by Dr. Surinder Kumar, Principal, GDC, Nowshera and Coordinated by Prof. Harshal Sharma, HOD Mathematics.
The Symposium was conducted through online mode. It was open for all the interested participants of UG/PG. The main purpose of this event was to enhance the knowledge of students regarding the history of Indian Mathematics. Indian Mathematicians have number of contributions in the field of mathematics that have significantly influenced scientists and mathematicians in the modern era. Candidates from different colleges actively participated in it. Among different participants from different colleges, Shiv Priya Sharma & Vishali Choudhary of GDC Nowshera secured first and second positions respectively while Famedha Ferozal and Madhavi Sharma of GDC Nowshera were adjudged third. These top three contestants were awarded with certificates of excellence. While all other participants were given certificates of participation. The jury members of the competition were Prof. Inam- Ul-Haq, Lect. Madhu Bala, Lect. and Lect. Dr. Rubeenah Akhter of GDC, Nowshera. The Principal appreciated Prof. Harshal Sharma, HOD Mathematics for organizing this symposium.

NSS

Symposium On National Youth Day(14TH JAN 2021)

Govt Degree College Nowshera celebrates Swami Vivekananda's birth anniversary

GJ REPORT

RAJOURI, JAN 15: To mark the birth anniversary of Swami Vivekananda the NSS unit of Govt Degree College Nowshera carried out two activities. Swami Vivekananda was a true luminary and extremely patriotic hero for his contributions to the philosophies of this country. He was one of the greatest spiritual and social leaders. He saw hope for the future in every youth and believed that with "muscles of iron and nerves of steel".

They could bring about social change. He saw tremendous potential in the youth and saw them as icon of change. To honour his many contributions to the country the Government of India in the year 1994 declared his birth day as National Youth Day. Since

then this day is celebrated every year as National Youth Day.

On this occasion of the NSS Unit of the college organized a seminar in the college observing all SOP and guidelines of COVID-19. In the event large number of students and staff participated.

NSS officer Prof. Inam Ul Haq through light on the contributions made by Swami Vivekananda. NSS unit also organized online quiz on life of Swami Vivekananda in which a large number of students of UT of J&K participated with great zeal and enthusiasm. E-certificates were distributed to all participants. Both the activities were carried out under overall supervision and guidance of Dr. Surinder Kumar, Principal of the college.

Symposium On Drug De-addiction(4TH FEB 2021)

GDC Nowshera, SWD organise symposium on drug de-addiction

5 STATE TIMES NEWS

NEWSHISSEL, HIK Nowshera in collaboration with District Social Welfare Department (DSWD) organised a symposium titled "Drug De-addiction" on Friday. The programme was conducted as a part of awareness camp being organised in various institutions of Distt. Rajouri under "Nasha Mukt Bharat Abhiyan". This Abhiyan is being conducted by United Nations Development Programme across 272 Districts of the Country where the drug abuse is at its peak.

To the start of the programme, the Central Monitoring Team of UNDP interacted with the college students, the gathering find back at ground level for the

implementation of solution under "Nasha Mukt Bharat Abhiyan".

The programme started with a welcome address by Dr. Surinder Kumar, Principal of the College. He formally welcomed the Chief Guest, U.L. Sharma, JSP Nowshera and other guests. Kuldeep Toffo (Nowshera), Dr. Yasir Bakshi, DR Magistrate and representatives of UNDP, Jammu and Dr. Sreedhar, Principal of the College, stressed upon the harmful effects of Drugs and motivated the students to stay away from these substances.

The proceedings of the programme were started by English Hala, Lert, in English. A large number of students and staff attended the programme in the main class room of the college. As

many as 11 students requested their views about the various types of drugs, their harmful effects and their drug trafficking. Prof. Gargi Singh visited a prison in Poonch and Prof. Inam Ul Haq presented a video based on drug abuse.

Jammu, UNDP representative also expressed his thoughts on this event and. He elaborated how the marketing companies are selling their products under the brand names which are associated with drug substances.

Then, the Resource Persons of the programme, Dr. Shaili Malik delivered an educational lecture on the topic through a PPT.

At last, U.L. Sharma, the Chief Guest for the Programme, addressed the audience. He motivated the

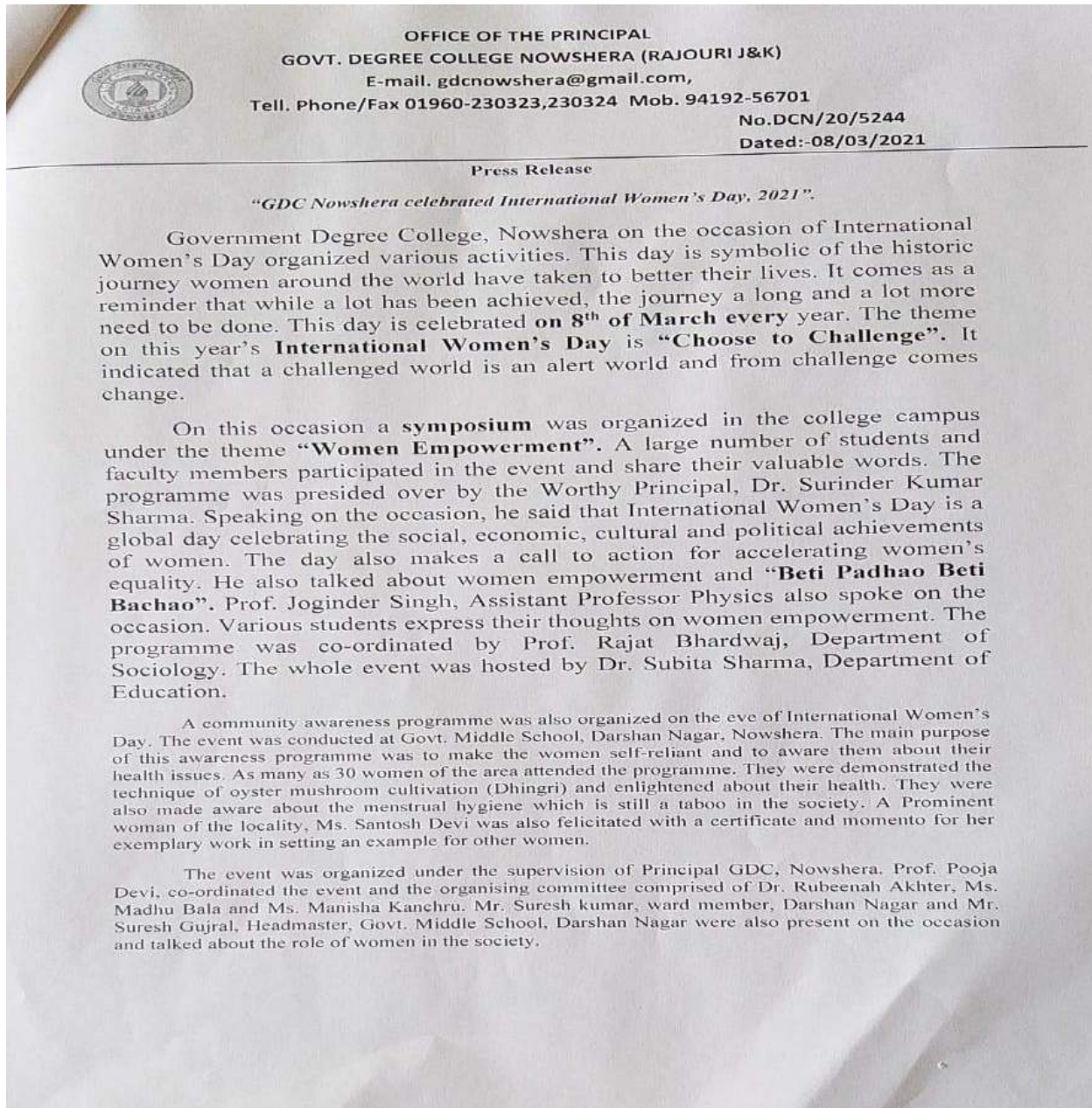
students to stay away from the drugs and get involved in some constructive activities like Games & Sports, Yoga and Meditation.

At the end, Praveesh Kumar was extremely successful. Top 3 participants were rewarded with Memento. Adil Bhandal (B.Sc. 1st year) stood 1st, Indrajit Kaur (B.A. 1st year) secured 2nd Position, Gargi Singh (B.A. 2nd year) was awarded 3rd. Pooja Sharma (B.A. 1st year) stood at 4th Position and the 5th Position was occupied by Sanjana Sharma (B.Sc. 2).

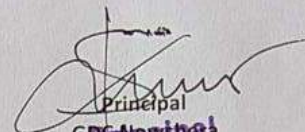
The event was adjudged by Prof. Jagadev Singh, Prof. Naveen Kumar and Prof. Gargi Singh. The programme ended with a vote of thanks presented by Prof. Jagadev Singh (HOD Physics).

SOCIOLOGY

Symposium on International Womens Day (8TH March 2021)

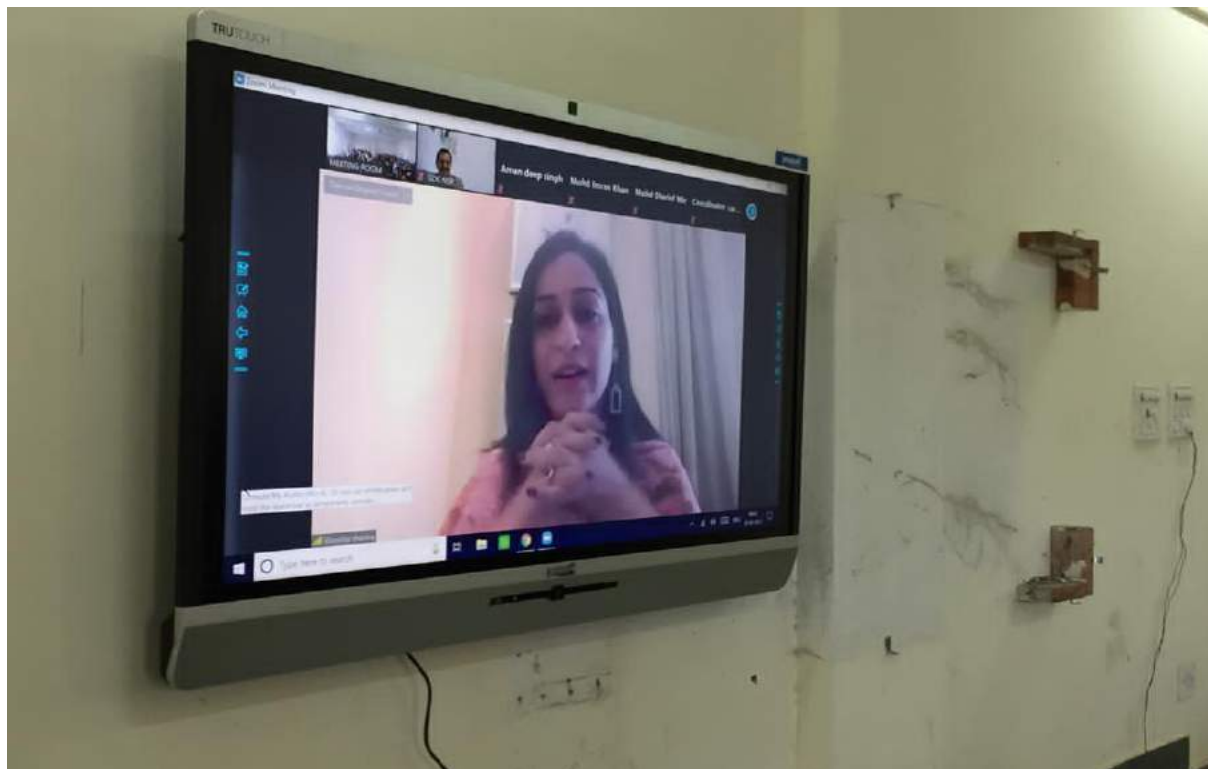





Principal
G.D.C. Nowshera
G.D.C. Nowshera

CAREER COUNSELLING CELL

Educational opportunities and career development in virtual era
(15th March 2021)



GOVERNMENT DEGREE COLLEGE NOWSHERA

Career Counselling Cell

Govt. Degree College, Nowshera

Organising

Webinar on
Educational Opportunities & Career
Development in Virtual Era
In Collaboration With

**DISTRICT ADMINISTRATION RAJOURI &
DISTRICT INFORMATION CENTRE RAJOURI**

**On 15th March 2021
Time: 11:00 a.m**

RESOURCE PERSONS

Chief Patron
Mr. Talat Parvez Rohella
Commissioner Secretary
Higher Education Department

Co- Chief Patron
Mr. Rajesh Kumar Shavan (KAS)
District Development Commissioner, Rajouri

Patron
Dr. Surinder Kumar
Principal

Mr. Rahul Pandey
Director Information &
Public Relations, JK

Mr. Narinder Kumar (KAS)
District Information Officer, Rajouri

Mrs. Vironika Sharma
Senior Faculty in Study IQ
Director Proxy Gyan

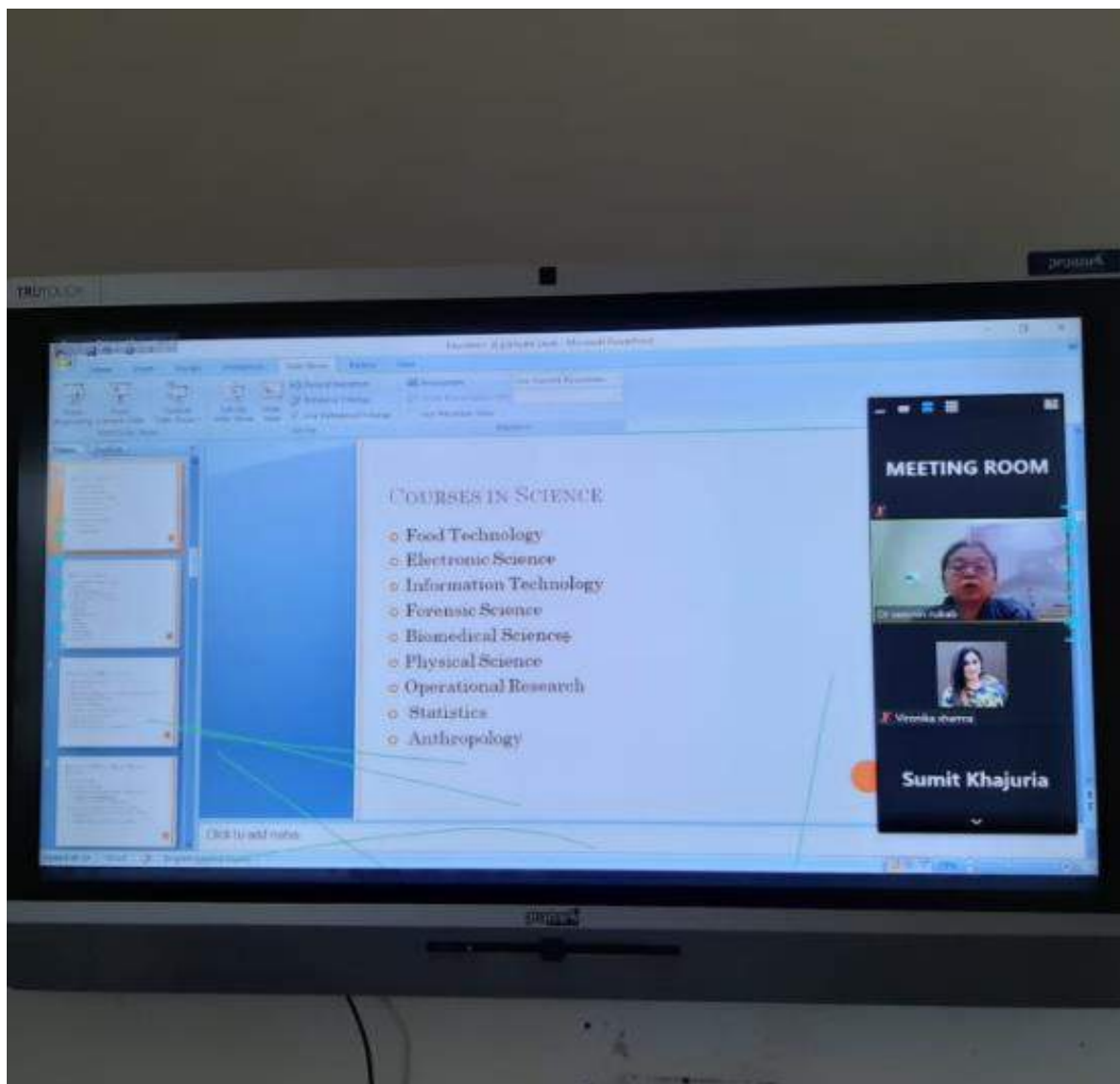
Dr. Seemin Rubab
Professor
Department of Physics
NIT, Srinagar

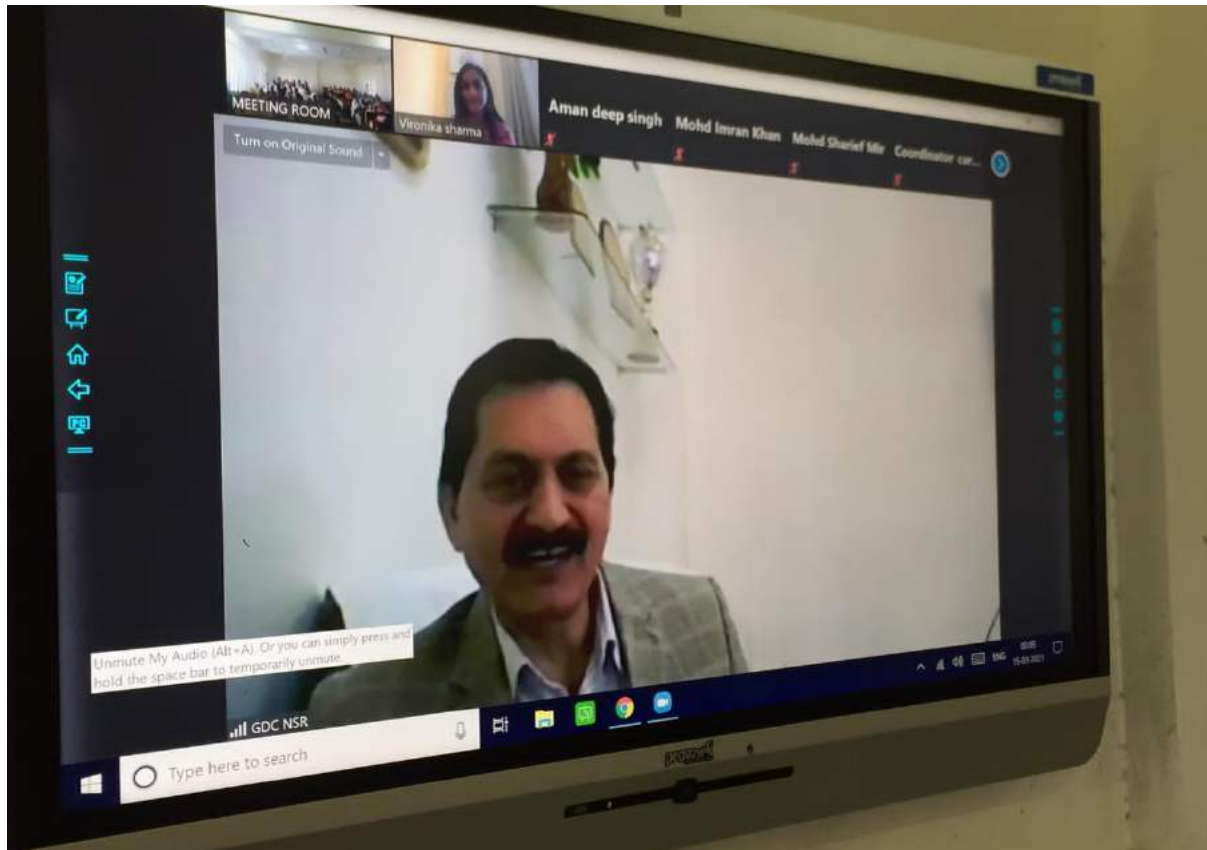
Convenor
Prof. Joginder Singh
HOD Physics

Co-Ordinator
Prof. Rajat Bhardwaj
Career Counselling Cell

Organizing Committee
Dr. Rubeenah Akhter (Lect. Economics)
Dr. Saleem Ahmad Yatoo (Lect. EVS)
Dr. Sarveer Hussain (Lect. History)
Ms. Madhu Bala (Lect. Eng.)







General orientation and career counseling (26th March 2021)

GDC Nowshera hosts Workshop on "General Orientation and Career Counselling"

EARLY TIMES REPORT

RAJOURI, Mar 26: Counselling and Career Counselling Cell of Government Degree College Nowshera organized one day workshop on "General Orientation and Career Counselling" for the students here, the other day.

A large number of students and the faculty members participated in the programme, which began with lighting of the lamp followed by Saraswati Vandhana. Additional Deputy Commissioner, Nowshera, Sukhdev Singh Samyal, was the chief guest, while Principal of the College, Dr. Surinder Kumar presided over the programme. The chief guest appreciated the col-

lege committee for organizing the interactive session for the students. He also emphasized on the importance of online marketing and digital knowledge in the present world. He also advised the students to make best use of their precious time and prepare for their competitive examinations along with their studies. Earlier, the College Principal formally welcomed the Chief Guest, Resource Persons and other Special Guests of the programme. He appraised the gathering about the various developmental projects which have been initiated like up-grading of sports ground, construction of canteen block, provision of drinking water, establishment of digital classrooms and browsing center

GDC Nowshera organizes workshop on career counseling of students

Excelsior Correspondent

RAJOURI, Mar 26: Internal Quality Assurance Cell (IQAC) of Government Degree College Nowshera in collaboration with Psychological Counselling and Career Counselling Cell of the College organized one-day

regarding various opportunities in academics as well as competitive fields after graduation. They provided information to the students about the various competitive exams like KAS, IAS, CDS, Banking, NET, JRF, GATE and others. They informed the students about the various PG courses they can pursue after graduation. They also interacted with the students and cleared their doubts.



ADC Nowshera Sukhdev Singh Samyal addressing the students at GDC Nowshera.

workshop on career counseling of students. ADC Nowshera Sukhdev Singh Samyal was the chief guest on the occasion while the programme was presided over by Dr. Surinder Kumar, Principal of the College.

The chief guest, speaking on the occasion, emphasized on the importance of online marketing and digital knowledge in present world. He also advised the students to make best use of their precious time and prepare for their competitive examinations along with their studies.

The Resource Persons Sahil Mahajan (BDO Nowshera) and Anjali Gandotra (BDO Seri)

enlightened the students regarding various opportunities in academics as well as competitive fields after graduation. They provided information to the students about the various competitive exams like KAS, IAS, CDS, Banking, NET, JRF, GATE and others. They informed the students about the various PG courses they can pursue after graduation. They also interacted with the students and cleared their doubts.

Special guests, Bodh Raj (BDC Chairman), Narinder Sharma (Municipal Committee Chairman), Ravi Kant (External IQAC member) and Zakir Hussain Mirza (SDPO Nowshera) also inspired the students with their visionary insight and advised the students to work hard and be honest to fulfill their dream.

On the occasion, Sonia Choudhary of BSc Semester V was conferred with 'Student of the Year' award.











ROAD SAFTY CLUB

Road Safty Club organises An Informative talk on Road safety and Traffic Rules(3rd April 2021)









SANSKRIT

Department of Sanskrit organized an online lecture (06 feb 2021)

Government Degree College Nowshera
Department of Sanskrit
Organising an online lecture on
"बसन्त ऋतु का सांस्कृतिक एवं सामाजिक महत्व"
Join us at
GOOGLE MEET
Timing 12:00 noon
Resource Person
Prof. Ram Bahadur Shukla
HOD Sanskrit, University of Jammu


Chief Patron
Dr. Surinder Kumar
Principal GDC Nowshera


Resource Person
Prof. Ram Bahadur Shukla
HOD Sanskrit Univ. Of Jammu


Organiser
Dr. Gourav Sharma
HOD Sanskrit, GDC Nowshera

Venue: 6th of February 2021
From 12 noon onwards

Meeting link:-
<https://meet.google.com/etd-trby-ggb>



**OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)**

E-mail: gdcnowshera@gmail.com,
Toll. Phone/Fax 01960-230323, Mob. 94192-56701

No. DCN/20/ 5080
Dated:-08/02/2021



Press Release

The Department of Sanskrit Govt. Degree College Nowshera, organized an online Lecture on 06-02-2021 on the topic "Basant Ritu Ka Sanskrit Evam Samajik Mahatev".

The Department of Sanskrit Govt. Degree College Nowshera, organized an online Lecture on 06-02-2021 on the topic "Basant Ritu Ka Sanskrit Evam Samajik Mahatev" in which the cultural and the social significance of spring season was discussed by Prof. Ram Bahadur Shukla, Head of the Sanskrit Deptt. University of Jammu. Prof. Shukla who was the resource person of the event threw light on the said topic in a very vivid manner. A large number of students and faculty members attended the lecture with great enthusiasm and zeal. The Platform of Google Meet was used for the depiction of the spring season in the Sanskrit Literature. He discussed its importance, Holy Scripture like 'the Bhagvad Gita' Vedas and Upnishadas. Various poets have projected spring season in a very vivid manner in their words. The whole event was organized by Dr. Gourav Sharma, Lect. HOD of Sanskrit under the guidance of the esteemed Principal of the college Dr. Surinder Kumar. Dr. Rajni Devi, Lect. in Sociology concluded the event by a formal vote of thanks. The Department of Sanskrit is looking forward to organize such kinds of valuable events in the future also.

Sd/-
(Dr. Surinder Kumar)
Principal

Department of Sanskrit organized an online lecture (25th may 2021)



Government Degree College Nowshera


Department of Sanskrit

Organising an online lecture


Under the aegis of "Azadi ka Amrut Mahotsav" on the topic
"चंद्र ग्रहण - शास्त्रीय एवं सामाजिक दृष्टिकोण"

Join us at
GOOGLE MEET
Timing 11:00am
Resource Person


Mr. Arun Sharma (Jyotishacharya)



Chief Patron
Dr. Surinder Kumar
Principal GDC Nowshera



Resource Person
Acharya Arun Sharma
Shri Mata Vaishno devi Gurukul, Katra



Organiser
Dr. Gourav Sharma
HOD Sanskrit, GDC Nowshera

Timing : 25 of May 2021
From 11:00 am onwards

Meeting link:-
<https://meet.google.com/vht-bdmh-xog>

Press Release

The Department of Sanskrit ,Govt. Degree College Nowshera organized an online Lecture on the topic 'chandragrahan-shashtriya avm samajik Dhristikon'on May 25, 2021 under the aegis of 'Azadi Ka Amrit Mahotsav. The lecture was organized to disseminate awareness about lunar eclipse, a magnificent phenomenon which is going to happen on May 26,2021. The event was conducted under the wise supervision of the esteemed Principal of the college, Dr. Surinder Sharma. The lecture was started with the formal welcome of the resource person Mr. Arun Sharma by the worthy Principal of the institution. Mr. Arun Sharma who is an Acharya Jyotish at Shri Mata Vaishno Devi Gurukul (katra) is an eminent personality with immense knowledge of Sanskrit and Astro science. In his lecture he threw light on the causes and effects of lunar eclipse in detail. He also talked about various myths associated with lunar eclipse and explained everything with scientific facts . A large number of students and faculty members from different colleges attended the lecture with their active participation. The whole event was well organized by Dr. Gourav Sharma ,Lecturer in Sanskrit .The event was concluded with a vote of thanks by Professor Joginder singh ,Department of Physics.

IQAC

IQAC, GDC NOWSHERA ORGANISES NATIONAL LEVEL WEBINAR ON INTELLECTUAL PROPERTY RIGHTS ON 26 JUNE 2021.




Under the aegis of
"Azadi Ka Amrit Mahotsav"

**Internal Quality Assurance Cell
Govt. Degree College Nowshera
Organizes
National Webinar
On
Intellectual Property Rights**
Saturday, 26, June, 2021 at 4:00 pm (Evening)

Registration Now: [Click here to register
https://forms.gle/otaa5r8v4ep5vaz20g](https://forms.gle/otaa5r8v4ep5vaz20g)

Eminent speakers




Prof. Ramesh Chandra Panda
Dean
Research & Development Cell
Synergy Institute of Engineering &
Technology
Dhenkanal, Odisha.
Topic: Innovations
And
IPR Practices



Dr. Tariq Hussain Sheikh
Faculty
Department of Computer Science
Government Degree College
Poonch
Topic: Recent Patents
and
Innovations



Chief Patron
Ms. Sudhama Chaudhan (IAS)
Secretary to Government
Higher Education Department
J&K India.



Patron
Dr. Surinder Kumar Sharma
Principal
Govt. Degree College Nowshera
J&K India



Organising Secretary
S. Joginder Singh
Coordinator IQAC &
Head Department of Physics
Govt. Degree College Nowshera
J&K India

Click her to join the google
meet on Saturday
<https://meet.google.com/ewr-hiaa-avo>

Join WhatsApp Group
<https://chat.whatsapp.com/LEQUDHNR10u9K0mF0J0g>

GDC Nowshera organises national level webinar on intellectual property rights

■ STATE TIMES NEWS

NEWSHERA: The Internal Quality Assurance Cell (IQAC), Govt. Degree College Nowshera conducted National Level Webinar entitled "Intellectual Property Rights". The webinar was presided over by Dr.Surinder Kumar, Principal, GDC, Nowshera and Coordinated by Prof. Joginder Singh, Coordinator IQAC and Head, department of Physics, GDC, Nowshera.

Dr. Surinder Kumar, Principal of GDC Nowshera introduced the theme and purpose of this event and formally welcomed Resource Persons, Prof. Ramesh Chandra Punda and Prof. Tariq Hussain Sheikh and appreciated the organising secretary Prof. Joginder Singhand all the faculty members for conducting this event.

Intellectual property rights are legal rights that provide creators protection for original works, inventions, or the appearance of products, artistic works, scientific developments, and so on. Intellectual

property rights (IPRs) play a key role in every sector and have become the basis for crucial investment decisions. They are exclusive rights and therefore there is always a challenge to strike a balance between the interests of innovators and the interests of the society at large. Another important factor is having an adequate legal framework to protect the interests of innovators and inspire confidence that their intellectual property will be protected, in turn triggering further innovation.

Prof. Ramesh Chandra Panda, Dean, Research & Development Cell, Synergy Institute of Engineering & Technology, Dhenkanal, Odisha explained in his elaborated presentation, the purpose of Intellectual property Rights in the context of Contemporary innovation in a new type of economy. He highlighted the number of specific issue and challenges to contemporary IPR systems and IP regimes will then be probed more in depth, such as the anti-com-

mon and IP assembly problem; the trade-off between incentives and transaction costs; and the impact of weak (e.g. open) IP regimes on dynamic competition and industry evolution, the impact of patent information (the disclosure effect) and the use of IPRs in business strategies.

Prof. Tariq Hussain Sheikh, Faculty, department of Computer Science, GDC Poonch, he elaborated in his presentation the scope of 3D printing Skull models and emphasised the practical possibilities for metal 3D printing of human skull and its potential scope in the field of biomedical surgeries. He also highlighted that 3D printing technology has progressed well, custom-made metal 3D printed implants can be manufactured and adopt for skull rehabilitation by considering the potential cost-effective materials.

The programme was concluded with formal vote of thanks proposed by Miss Madhu Bala, Department of English.

६० रीति विन्यास चरित्र

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वैदिक सभ्यता अभिज्ञान
अभिज्ञान है जो मूल क
अभिज्ञान, या सभ्यता
अभिज्ञान, या सभ्यता

इसने एक विचार आदि के लिए
रक्षणार्थी को मुक्त करने का
है। वैदिक संपदा अधिकार
(अधिवेक्षण) हर क्षेत्र में एक
महत्वपूर्ण मुक्ति निमित्त है और
अपार बन गए हैं। महत्वपूर्ण
निष्ठा निर्णयों पर निर्णय के अभाव
अधिकार हैं और इसीलिए
नव-नवशोध के क्षेत्रों और बड़े पैमाने
पर समाज के लोगों के बीच सत्ता
सूत्र बनने की प्रवृत्ति एक चुनौती
होती है। एक अन्य महत्वपूर्ण

[illegible]

कमलेश्वर (विवाह) के वि
सुता) अष्टमी रात का प्र
पेटे बलकौरी का प्रम
(प्रकटीकरण प्रण) अ
वास्तविक रानीति
अद्वितीय का उपमा।
प्र तीव्र हुस्मा के
संभव कम्पुल विभन शि
खेडीस पुत्र नदीन ज
प्रसूति है अती मित्रि स्व
नित्य के दास्ये के बा
विशाल से बाबा जो



खोपड़ी को दाढ़ उठी मित्र
व्यापक संगमजालों में
बायोडिजिन हलकी में हो
इसके संसारि दारो पर
विष्णु। हजरीने इत बह
नी। प्रकाश जल की उड़ी प्रीति
दकनिक में अष्टी प्रतीति की
कलस-मल मल उड़ी मि
इन्तारस का निर्वाह किया
सकता है और समिति ल
प्रवादी प्रकाश पर विचार
खोपड़ी के पुनर्वास के नि
जगन्नाथ का कहता है। बायो
का समान प्रतीति विचार मि
मनु दाह दाह प्रकाश प्र
प्रकाश की हवा।

Internal Quality Assurance cell (IQAC) of Govt. Degree College Nowshera organized a webinar on New Education Policy on 27/08/2021



GOVT. DEGREE COLLEGE NOWSHERA

**IQAC of GDC Nowshera is organizing a NATIONAL WEBINAR on
NEW EDUCATION POLICY (NEP) - 2020
on 27/08/2021.**



**Patron
Dr. Surinder Kumar
Principal**

RESOURCE PERSONS:



**Prof. S. K. Yadav
Former
HEAD: Department of Teacher
Education, N.C.E.R.T, New Delhi
Academic Consultant: N.C.T.E, New Delhi**



**Prof. Devinder Kour
HOD, Department of Education
GLDM GDC Hiranagar**

Programme Schedule:

- Welcome Address by the Principal of the college: 11.00 am to 11.10 am.
- Presentation by Prof. Devinder Kour (Resource person): 11.10 am to 11.30 am
- Presentation by Prof. S.K. Yadav (Resource person): 11.30 am to 12.15 pm.
- Interaction session: 12.15 pm to 12.45 pm.
- Vote of thanks by Coordinator, IQAC: 12.45 pm to 12.50 pm.

**Note: All the participants shall be awarded with E - Certificates
link for participation**

meet.google.com/bwh-dusa-nof

**Organising Team
IQAC, GDC NOWSHERA**

**FOR ANY QUERY
CONTACT US:**

**9419265270
iqaccoordinatornsr@gmail.com**

Webinar on 'National Education Policy- 2020' held at GDC Nowshera

TNN BUREAU

RAJOURI: Internal Quality Assurance cell (IQAC) of Government Degree College (GDC), Nowshera organised a National level webinar on "National Education Policy-2020", here on Saturday. The main objective behind organising this programme was to create awareness about the NEP 2020 amongst the teachers, students and other stakeholders of the Higher Education. Around 100 participants from various educational institutions across the nation participated in this webinar. The resource persons of the programme were Prof.

S.K.Yadav former Head Department of Teacher Education, NCERT, New Delhi, Academic consultant NCTE, New Delhi and Prof Davinder Kour, HOD Department of Education, GLDM GDC Hiranagar. Prof Davinder Kour expressed her views on the features of Higher Education mentioned in NEP-2020 and said that this is a remarkable Policy for the golden future of our National Education. She highlighted the main features of NEP -2020 through power point presentation. She also emphasised on the effective implementation of the NEP-2020. She also highlighted the various recommendations

of New Education Policy as flexible examination pattern, universalization of early childhood care education and integration of curricular, co-curricular and extra-curricular curriculum. Prof SKYadav gave a detailed introduction about NEP 2020. He emphasized that this policy tries to fill the gap between education system and society by recognising and associating with different skill-based practices which will further enrich and strengthen the Indian tradition. At the same time, he also emphasized that the importance of regional languages will strengthen folk traditions and culture.

**Deptt. of Botany & Red Ribbon Club organised a SYMPOSIUM
on the topic “OZONE DEPLETION, CAUSES AND
CONSEQUENCES”**



Ward no 12 nowshera Nowshera, Naushera, 185151

Naushera



29°C

84°F

2021-09-16(Thu) 12:12(pm)



Ward no 12 nowshera Nowshera, Naushera, 185151
Naushera



30°C

86°F

2021-09-16(Thu) 01:09(pm)

Ek Bharat Shikshit Bharat in Collaboration with NSS Unit of GDC Nowshera organizing a seminar on the theme “Fundamental Duties are the Basic Pillars of Indian Democracy”

मिलेगी जिससे बड़ी आपदा टल तैयारी शुरू कर दी है। ग्राम वन समिति अभिनव कार्य के लिए दो वीएफसी की जा रही है।

नौशहरा डिग्री कॉलेज में मनाया गया अंतरराष्ट्रीय लोकतंत्र दिवस

नौशहरा

आजादी का अमृत महोत्सव के उपलक्ष्य में 15 सितंबर को कॉलेज की एनएसएस यूनिट के सहयोग से एक भारत शिक्षा भारत क्लब द्वारा शासकीय डिग्री कॉलेज नौशहरा में अंतरराष्ट्रीय लोकतंत्र दिवस मनाया गया। यह दुनिया भर में लोकतंत्र की स्थिति की समीक्षा करने, लोकतांत्रिक आंदोलनों को प्रोत्साहित करने और स्वतंत्रता, शांति और मानवाधिकारों को बढ़ावा देने का मौका है। यह पहली बार 2007 में संयुक्त राष्ट्र द्वारा स्थापित किया गया था और हर साल यह आयोजन एक अलग विषय के आसपास होता है। 2021 में, विषय



भविष्य के संकटों का सामना करने में लोकतांत्रिक लचीलापन को मजबूत करना है। एनएसएस के स्वयंसेवकों ने प्रो. इनाम उल हक की अध्यक्षता में इस विशेष दिन को मनाने के लिए एक शैक्षिक कार्यशाला सह संगोष्ठी का आयोजन किया। इस अवसर पर बोले

हुए प्रो. जागिंदर सिंह समन्वयक आईव्यूएसी ने कहा कि लोकतंत्र पूरी आबादी या राज्य के सभी पात्र सदस्यों द्वारा आम तौर पर निर्वाचित प्रतिनिधियों के माध्यम से सरकार की एक प्रणाली है। यह सरकार का सबसे प्रचलित रूप है, लेकिन चुनौतीपूर्ण भी है क्योंकि कई

चर खेल में आते हैं। भारत में लोकतंत्र राजनीतिक समानता के सिद्धांत पर काम करता है। इसके अलावा, इसका अनिवार्य रूप से मतलब है कि सभी नागरिक कानून के समक्ष समान हैं। सबसे उद्देश्यपूर्ण, धर्म, जाति, पंथ, नस्ल, संप्रदाय आदि के आधार पर कोई भेदभाव नहीं है। इसलिए, प्रत्येक भारतीय नागरिक को समान राजनीतिक अधिकार प्राप्त हैं। संकाय सदस्यों और एनएसएस स्वयंसेवकों ने भी अपने विचार प्रस्तुत किए और अंत में प्रो. हर्शल शर्मा ने धन्यवाद प्रस्ताव प्रस्तुत किया। पूरे कार्यक्रम का आयोजन कॉलेज के योग्य प्राचार्य डॉ. सुरिंदर कुमार के संरक्षण में किया गया था।



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No. DCN/20/3093
Dated:- 28/11/2020

Press Release

The Psychological Counseling Cell of Govt. Degree College Nowshera organized an online lecturer on "Stress Management" under the aegis of Manodarpan initiative, Ministry of Human Resource Development Govt. of India. The resource person for the said event was Dr. Shiv Mangal, Asstt. Prof. in Psychology GDC Basholi. A large number of students and Staff members of GDC Nowshera participated in the online lecturer through WISEAPP. The Resource Person explained various causes of stress vizs study, Environment, Competition, Covid -19 etc and the methods to overcome the stress. The whole event was organized by the Psychological Counseling Cell of the College. Comprising of Prof. Sanjay Kumar, Convener, Dr. Gourav Sharma, Mohd Imran Khan. Dr. Surinder Kumar, Principal of the College appreciated the resource person for his valuable lecturer on Stress Management during Covid-19 and also encouraged the staff members to organize more such events.

Sd/-
Dr. Surinder Kumar
Principal



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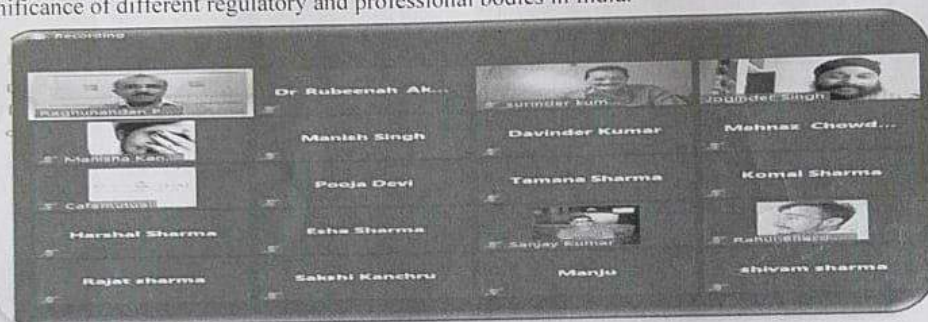
Dated: 08/06/2021

No.DCN/21/201


PRESS RELEASE

Government Degree College Nowshera organized National Level Webinar entitled on Financial Awareness Programme

The Internal Quality Assurance Cell of Government Degree College Nowshera organized National Level Webinar entitled "Financial Awareness Programme" on 07-06-2021. The Webinar was conducted under the overall supervision and guidance of Dr. Surinder Kumar, Principal of the college. Speaking on the occasion he said "Financial Awareness Programme enriches the investors' knowledge and skill for making a proper plan of their personal finance. It is an initiative which is taken to secure a better financial future for the investors, enhance the financial knowledge, spread financial awareness, reduce the financial risk, identify the utilities and characteristics of different financial products before investment and improve money management skills and financial money management skills and financial behaviour of person." The main purpose of this initiative was understanding how to mitigate risks and invest wisely to meet financial goals. In this context, the webinar made an effort to highlight need and significance of different regulatory and professional bodies in India.



Dr. Surinder Sharma, Principal GDC Nowshera formally welcomed Resource Person, Mr Raghunandan Pattanik, who is National Trainer- BFSI and Financial Wizard. The resource person explained in his elaborated presentation, the purpose and benefits of this initiative. He highlighted the success rate of different programmes especially SEBI. It promotes the development of the securities market and regulates the business. SEBI provides a platform for stockbrokers, sub-brokers, portfolio managers, investment advisors, share transfer agents, bankers, merchant bankers and other associated people to register and regulate work. It monitors substantial acquisitions of shares and take-over of companies. The programme was concluded with formal vote of thanks proposed by Convener of IQAC, Prof. Joginder Singh.


Dr. Surinder Kumar
G.D.C. Nowshera
Principal



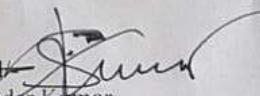
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No. DCN/20/4047
Dated:- 14/12/2020

Press Release

The Department of Geography, Govt. Degree College Nowshera organized a Webinar on **"Impact of Climate Change on Nomadic Tribals of Jammu and Kashmir"**. The resource person for the said event was Dr. Mohammad Tufail Asst. Prof. Deptt. of Geography GDC Rajouri. Dr. Mohammad Tufail did his M.Phil, Ph.D, and Post Doctoral degree from Jawaharlal Nehru University, New Delhi. He has visited abroad for academic purposes in South Africa, Sweden, United Kingdom and Japan. His research interests are Nomadism, Tribes, Climate Change and Humans. A large number of students and Staff members of GDC Nowshera participated in the webinar through WISE app. The Resource Person explained very well the "Impact of climate change on nomadic tribals of Jammu and Kashmir". The whole event was organized by Mr. Mohammad Imran Khan and Tamana Sharma, Department of Geography GDC Nowshera, under the able guidance and supervision of Dr. Surinder Kumar, Principal GDC, Nowshera. All the faculty members appreciated the resource person for his valuable lecture.

Sd/- 
Dr. Surinder Kumar
Principal
G.D.C. Nowshera



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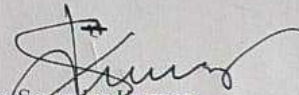
No. DCN/20/3089

Dated:-26/11/2020

Press Release

Celebration of Constitution Day on 26th of November 2020.

GDC Nowshera celebrated Constitution Day which is also known as Samvidhan Divas and National Law Day, on 26th of Nov. 2020 in the college campus to commemorate the adoption of the constitution of India. The teaching and non teaching staff along with some students of the college participated in the event. On the occasion Dr. Surrinder Kumar, Principal of the college explained that on 26th of Nov. 1949, the constituent Assembly of India adopted the constitution of India and it came into effect on 26th of Jan. 1950. The Govt. of India declared 26th of Nov. as Constitution Day on 19th of Nov. 2015 by a Gazette Notification. The year of 2015 was the 125th Birth Anniversary of Dr. B.R. Ambedkar who is known as "Father of the Constitution of India". Dr. Sarveer Hussain, Deptt. of History also threw light on the importance of this Day. Dr. Bandana Thakur, Deptt. of Hindi read out the Preamble to the Constitution of India.


Dr. Surrinder Kumar
Principal
G.D.C. Nowshera



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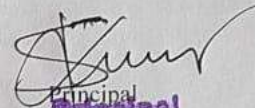
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No. DCN/20/5215

Dated:- 04/03/2021

Press Release

The Department of Urdu, Government Degree College, Nowshera (Rajouri) under the patronage of Principal of the College Dr. Surinder Kumar and IQAC GDC Nowshera, Organized an extension lecture on the topic, "*Urdu language, Importance and Relevance in Contemporary World*". Principal, Dr. Surinder Kumar accorded a warm welcome to the Guest of Honour, Professor Abdul Rashid Manhas, Department of Urdu, University of Jammu. Professor Abdul Rashid Manhas very well captured the theme of the topic by touching in detail the various aspects of the language. He asserted his view points with surprising facts and figures. The programme was structured by, Mohd. Sherif, Head Department of Urdu, GDC Nowshera. All the faculty members and students of the college listened the lecture with great enthusiasm. The programme was concluded with a formal vote of thanks by the Professor Joginder Singh, Head, Department of Physics.


Principal
GDC Nowshera
G.D.C. Nowshera



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No.DCN/20/5298

Dated:- 19-03-2021

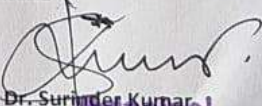
PRESS RELEASE

GDC Nowshera organized symposium and painting competition to celebrate World Water Day

The Internal Quality Assurance Cell of GDC Nowshera organized Intra College symposium and poster making competition to celebrate the World Water Day on 19th on March 2021. The theme of the symposium was "valuing of Water". The programme was held under the guidance and supervision of Principal of the college, Dr. Surinder Kumar Sharma. While addressing the Students, Principal of the college highlighted the importance of water in day today life and also emphasized that we should conserve water by various methods like rain water harvesting and so on. A large no. of students participated in this symposium and painting competition. Participants of the symposium expressed their concern over the scarcity of water and also focused on the different ways of conservation of water.

Asstt. Professor, Joginder Singh Co-coordinator IQAC GDC Nowshera appreciated the efforts of participants and also highlighted the importance of water. The faculty members and students were also present on this occasion. At the end, prize distribution ceremony was held. Top three participants were awarded with mementos in symposium as well as in painting competition. In the symposium competition, Esha Sharma (BSc. Sem-III) stood first, Inderpal Kour (BA Sem-V) secured second position and Shriya Gupta (BA Sem-III) was awarded third prize. In the painting competition Diskha Sharma (BSc. Sem-I) stood first, Sanjana Sharma (BA Sem-I) secured second position and Ramneek Kour (BA Sem-V) secured third position. The event was judged by Rakesh Verma, Lecturer education, Manisha Kanchru, Lecturer EVS and Saleem Ahmed Yattoo, lecturer EVS. The proceedings of the programme were conducted by Shreya Gumble, a student of BA Sem-III. Vote of thanks were presented by Asstt. Professor, Rajat Bhardwaj.




Dr. Surinder Kumar
Principal
G.D.C. Nowshera



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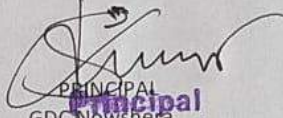
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No.DCN/20/4154

Dated:-15/01/2021

PRESS RELEASE

To mark the day of Swami Vivekananda the NSS unit of college carried out two activities. Swami Vivekananda was a true luminary and extremely patriotic hero for his contributions to the philosophies of this country. He was one of the greatest spiritual and social leaders. He saw hope for the future in every youth and believed that with "muscles of iron and nerves of steel". They could bring about social change. He saw tremendous potential in the youth and saw them as icon of change. To honour his many contributions to the country the Government of India in the year 1994 declared his birth day as National Youth Day. Since then this day is celebrated every year as National Youth Day. On this occasion of the NSS Unit of the college organized a seminar in the college observing all SOP and guidelines of COVID-19. In the event large number of students and staff participated. NSS officer Prof. Inam Ul Haq through light on the contributions made by Swami Vivekananda. NSS unit also organized online quiz on life of Swami Vivekananda in which a large number of students of UT of J&K participated with great zeal and enthusiasm. E-certificates were distributed to all participants. Both the activities were carried out under overall supervision and guidance of Dr. Surinder Kumar, Principal of the college. He appreciated NSS officer, Organizers and students for their efforts in organizing the event.


Principal
G.D.C. Nowshera



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No. DCN/21/314
Dated:-14/07/2021

Press Release

GDC Nowshera in collaboration with District Police Rajouri organized a Seminar on the topic "GET HIGH ON LIFE, NOT ON DRUGS".

GDC Nowshera in collaboration with District Police Rajouri today organized a Seminar based on the theme "Get High On Life, Not On Drugs". The main objective of organizing this event was to make the youngsters aware about the harmful effects of drugs. The students of the schools, colleges and universities across the country are becoming addictive to drug substances at an alarming rate which is threatening not only to their own future and lives but also affecting their families, societies and ultimately the Nation.



The programme started with the welcome address by Dr. Surinder Kumar, Principal of the College. He formally welcomed the Chief Guest, Ms. Sheema Nabi Qusba, SSP Rajouri and other Guests, Mr. Sukhdev Singh Samyal, ADC Nowshera; Mr. Amit Verma, ASP Nowshera, Dr. Chander Prakash, Resource Person, Mr. Zakir Mirza, SDPO Nowshera, Mr. Pankaj Sharma, SHO Nowshera and Principals of the Higher Secondary Schools of Nowshera. In his welcome speech, Principal of the College stressed upon the various emotional, social and physical factors that lead to drug addiction and the side effects caused by the drugs on our physical and mental health. He also motivated the students to stay away from these substances. He said that the main aim of organizing such events is to spread awareness among the students and prevent the young generation from indulging in drug addiction. He further highlighted the role of these youngsters in spreading the message of "Say no to drugs and Achieve success in life".

The proceedings of the programme were conducted by Mr. Rakesh Choudhary, Lect. in GGHSS Nowshera. A large number of students and staff of the college and Higher Secondary Schools attended the programme in the smart class room of the college, keeping in view the COVID appropriate behaviour. Six students namely, Simranmeet Kour (NNP Hr. Secondary School); Suhani Gupta (GHSS Nowshera); Akash Kumar (TMP Hr. Sec.); Adil Manhas (GDC Nowshera); Chandandeep Choudhary (BHSS Nowshera) and Karanjeet Kour (Christ High

School) expressed their views about the various types of drugs, their harmful effects and illicit drug trafficking.

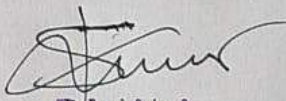
The Resource Person of the programme, Dr. Chander Prakash, delivered an elaborated lecture on the theme of the seminar. He talked in detail about the various terms related to drugs such as drug abuse, drug addiction and drug dependence. He also deliberated upon the various types of drugs such as depressants, hallucinogens and stimulants and the harmful effects posed by the consumption of these drugs. He also stressed upon the need to increase the will power to stay away from these substances and get out of the vicious cycle of drug addiction.

The program was carried forward with the address of Mr. Sukhdev Singh Samyal, ADC Nowshera who stressed upon the need to protect the youth of our country from the menace of drug abuse. He also urged the students to spread the message to their family, friends and the society at large.

Mr. Amit Verma, ASP Nowshera also shared his views regarding the theme. He revealed the statistical data projecting 10% urban and 11% rural students of the country as potent drug addicts. He motivated the students to stay away from drugs by narrating the story of a lead Engineer whose career as well as life was ruined because of drug addiction.

At last, Ms. Sheema Nabi Qusba, SSP Rajour; the Chief Guest for the Programme, addressed the audience. She talked in detail about the legal and illegal drugs and the various types of pressures that lead to drug addiction. She highlighted the role of teachers, friends, family, society, Police Department and Rehabilitation centres in assisting the victims to come out of the vicious cycle. She encouraged the students to stay away from the drugs and get involved in some constructive activities like Games & Sports, Yoga and Meditation.

At the end, felicitation of meritorious students was done by presenting momentos as a token of encouragement. The programme ended with a formal vote of thanks presented by Mr. Zakir Mirza, SDPO Nowshera.


Principal
D.D.O. Nowshera



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No.DCN/20/5244
Dated:-08/03/2021

Press Release

"GDC Nowshera celebrated International Women's Day, 2021".

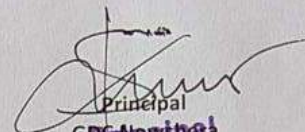
Government Degree College, Nowshera on the occasion of International Women's Day organized various activities. This day is symbolic of the historic journey women around the world have taken to better their lives. It comes as a reminder that while a lot has been achieved, the journey a long and a lot more need to be done. This day is celebrated on **8th of March** every year. The theme on this year's **International Women's Day** is **"Choose to Challenge"**. It indicated that a challenged world is an alert world and from challenge comes change.

On this occasion a **symposium** was organized in the college campus under the theme **"Women Empowerment"**. A large number of students and faculty members participated in the event and share their valuable words. The programme was presided over by the Worthy Principal, Dr. Surinder Kumar Sharma. Speaking on the occasion, he said that International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also makes a call to action for accelerating women's equality. He also talked about women empowerment and **"Beti Padhao Beti Bachao"**. Prof. Joginder Singh, Assistant Professor Physics also spoke on the occasion. Various students express their thoughts on women empowerment. The programme was co-ordinated by Prof. Rajat Bhardwaj, Department of Sociology. The whole event was hosted by Dr. Subita Sharma, Department of Education.

A community awareness programme was also organized on the eve of International Women's Day. The event was conducted at Govt. Middle School, Darshan Nagar, Nowshera. The main purpose of this awareness programme was to make the women self-reliant and to aware them about their health issues. As many as 30 women of the area attended the programme. They were demonstrated the technique of oyster mushroom cultivation (Dhingri) and enlightened about their health. They were also made aware about the menstrual hygiene which is still a taboo in the society. A Prominent woman of the locality, Ms. Santosh Devi was also felicitated with a certificate and memento for her exemplary work in setting an example for other women.

The event was organized under the supervision of Principal GDC, Nowshera. Prof. Pooja Devi, co-ordinated the event and the organising committee comprised of Dr. Rubeenah Akhter, Ms. Madhu Bala and Ms. Manisha Kanchru. Mr. Suresh kumar, ward member, Darshan Nagar and Mr. Suresh Gujral, Headmaster, Govt. Middle School, Darshan Nagar were also present on the occasion and talked about the role of women in the society.




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No.DCN/20/ 1881
Dated:- 18/08/20

Report

One Week Virtual Workshop on "Display Your Talent"

Government Degree College, Nowshera in collaboration with Jammu and Kashmir Academy of Art, Culture and Languages organized One Week virtual Workshop on "Display Your Talent". On 04-08-2020, 1st Day of One Week virtual Workshop on "Display Your Talent" organized photography competition. The basic aim to organize the workshop was to provide a platform to students to explore and showcase their hidden talent. This initiative encouraged large number of students to show their talent and gain confidence along with promoting cultural values and art.

Large number of students of different Colleges and Universities participated in the competition of photography enthusiastically. First position was secured by Akarsh Sharma of IIT Delhi, Second position was marked by Manik Kumar of Government College for Engineering and Technology Jammu, and third position was secured by Rohit Choudhary of GDC Nowshera. The above three positions were awarded with certificate of excellence. The Event was judged by the three Professors of different colleges. Prof. Piyush Sharma of GDC Akhnoor, Prof. Vikash Dogra of GDC Samba, and Prof. Sudesh Kumar of MAM College, Jammu.

Mr. Talat Parvez Rohella (KAS) Commissioner/Secretary, Higher Education Department J&K was the chief Patron of the Event. Dr. Yaseen Ahmed Shah, Director Colleges, Higher Education Department J&K was the Patron. Dr. Arvinder Singh Aman, Additional Secretary of Jammu division, JKAACL was the Program Director while Dr. Surinder Kumar, Principal of the college was the chair person of organizing committee.

On 05-08-2020, 2nd Day of One Week virtual Workshop on "Display your Talent" organized solo dance competition. The basic aim to organize the workshop was to provide a platform to students to explore and showcase their hidden talent. This initiative encouraged large number of students to show their talent and gain confidence along with promoting cultural values and art.

Large number of students of different Colleges and Universities participated in the competition of solo dance enthusiastically. First position was secured by Sukriti Singh Jasrotia of Montessori Cambridge School, second position was marked Komal singh patyal of Govt P. G. College for Women Gandhi Nagar Jammu and third position was clinched by Radhika Rajput of

Govt P. G. College for Women Gandhi Nagar Jammu. The above three positions were awarded with certificate of excellence. The Event was judged by Prof Revika Arora & Prof Davinder kour of Govt P. G. College for Women Gandhi Nagar Jammu and Sh. Bishan Dass, assistant culture officer, JKAACL.

- c. On 3rd Day an online "Solo Song Hindi" competition as a part of One Week Virtual Workshop on "Display your Talent". On this occasion Sh. Talat Parvez Rohella (KAS) Commissioner/Secretary, Higher Education Department J&K, Govt. was the Chief Patron and Dr. Yaseen Ahmed Shah, Director Colleges, Higher Education Department, J&K Govt. was the Patron while Dr. Arvinder Singh Amn, Additional Secretary of JKAACL was the program Director.

Large number of students of different Colleges and Universities participated in the competition of Solo Song Hindi enthusiastically. First position was secured by Sinakshi Gupta school of Social Sciences, University of Jammu while Second position was marked by Owais Ashraf of GDC Kilam and third position was clinched by Navleen Kour of Govt. P. G. College for Women Gandhi Nagar Jammu. The above three position holders were awarded with certificates of excellence. The Event was judged by Prof. Kuldeep Raina of Govt. M.A.M College Jammu & Prof. Priyanka Sharma of Govt. College for Women Udhampur and Sh. Bishan Dass, Assistant Culture Officer, JKAACL.

- d. An online "Solo Folk Song" competition was organized on 4th day of One Week Virtual Workshop on "Display your Talent". On this occasion Sh. Talat Parvez Rohella (KAS) Commissioner/Secretary, Higher Education Department J&K, Govt. was the Chief Patron and Dr. Yaseen Ahmed Shah, Director Colleges, Higher Education Department, J&K Govt. was the Patron while Dr. Arvinder Singh Amn, Additional Secretary of JKAACL was the program Director.

Large number of students of different Colleges and Universities participated in the competition of Solo Folk Song enthusiastically. First position was secured by Kashish Sharma of New Public School Sunder Bani (Sodhra) while Second position was marked by Jasmeet Kour of Jammu University and third position was clinched by Komal Singh Patyal of Govt. P. G. College for Women Gandhi Nagar Jammu. The above three position holders were awarded with certificates of excellence. The Event was judged by Prof. Kuldeep Raina of Govt. M.A.M College Jammu, Prof. Priyanka Sharma of

Govt. College for Women Udhampur and Sh. Bishan Dass, Assistant Culture Officer, JKAACL.

Dr. Surinder Kumar, Principal of the college, who was the chairperson of the organizing committee, appreciated the students for participating in the event and showing interest in the extracurricular activities along with their academics.

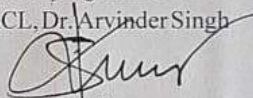
- e. An online "Mono Acting Activity" on 5th day of One Week Virtual Workshop on "Display your Talent" was organized. On this occasion Sh. Talat Parvaiz Rohella (KAS) Commissioner/Secretary, Higher Education Department J&K, Govt. was the Chief Patron and Dr. Yaseen Ahmed Shah, Director Colleges, Higher Education Department, J&K Govt. was the Patron while Dr. Arvinder Singh Amn, Additional Secretary of JKAACL was the program Director.

In this event a large number of students from different Colleges and Universities participated. Prof. Kuldeep Raina, M.A.M College Jammu, Prof. Sudhanshu Sharma, Ex. Prof. Govt. P.G College for Women Gandhi Nagar, Jammu and Shri Bishan Dass, Assistant Cultural Officer, JKAACL were the Jury Members for the Event.

1st position was secured by **INDERPAL KOUR**, student of **Government Degree College, Nowshera**, 2nd position was secured by **SUPRIYA GUPTA**, student of **P.G Department of Hindi, University of Jammu**, where as 3rd position was got by **RADHIKARAJPUT**, student of **Government Degree College, Nowshera**.

- f. An online "Mushaira" as the last event of week long virtual workshop on "Display Your Talent" was organized. The aim of this workshop was to provide a platform to students from different colleges of UT of Jammu and Kashmir to explore and showcase their hidden talent in different aspects covering photography, Solo Dance, Solo Hindi Song, Solo Folk Song, Mono Acting, Mimicry and Mushaira. This initiative encouraged large number of students to show their talent and gain confidence along with promoting cultural values and art. Number of students from different Colleges and Universities

The online Mushaira started with the welcome address by Dr. Surinder Kumar Principal of the College who welcomed all the dignitaries and the participants. In total, 22 students from different Colleges and Universities participated in the event through Google Meet. In this competition, Zahid Bashir Mughal of Govt. Degree College, Poonch stood first whereas Irfan Anjum Kalam, also the student of GDC Poonch secured Second position while the third position was secured by Ms. Supriya Gupta of Department of Hindi, University of Jammu. The jury members were Prof. Promila Manhas, from GCW Prade Jammu, Dr. Javed Iqbal from GCW Gandhi Nagar Jammu and Dr. Jagmohan Sharma from GDC, Khiltran. The programme was highly appreciated by the Additional Secretary of Jammu Division, JKAACL, Dr. Arvinder Singh Amn.


Principal
Principal
G.D.C. Nowshera



OFFICE OF THE PRINCIPAL

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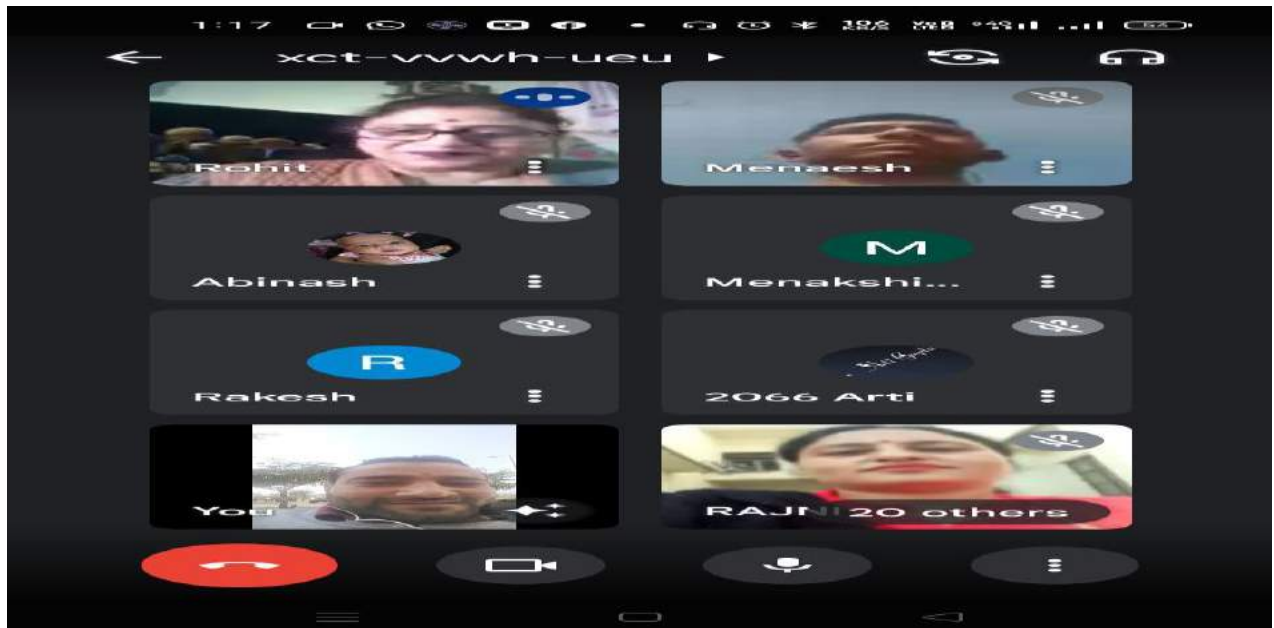
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No.DCN/21/ 818

Dated:- 25/11/2021

Press Release

The department of Sanskrit, GDC Nowshera organised an online lecture on the topic "Vedic sodhasha Sanskar" to commemorate Azadi ka Amrit Mahotsav on 25th of November 2021 to acquaint the students with 16 'Vedic Sanskar' which are the basic essence of our life. The lecture was organised under the patronage of worthy Principal Dr. Surinder Sharma. The lecture was delivered by Dr. Mamta Sharma Assistant professor in the Department of Sanskrit, GCW, Parade Jammu in her lecture she defined all the 16 Vedic sanskar in detail and their value and significance in present scenario. She elaborated all the sanskaras like 'Garbhadhan', 'Naamkaran', 'Mundan', 'Upnayan', 'Vivah' etc.

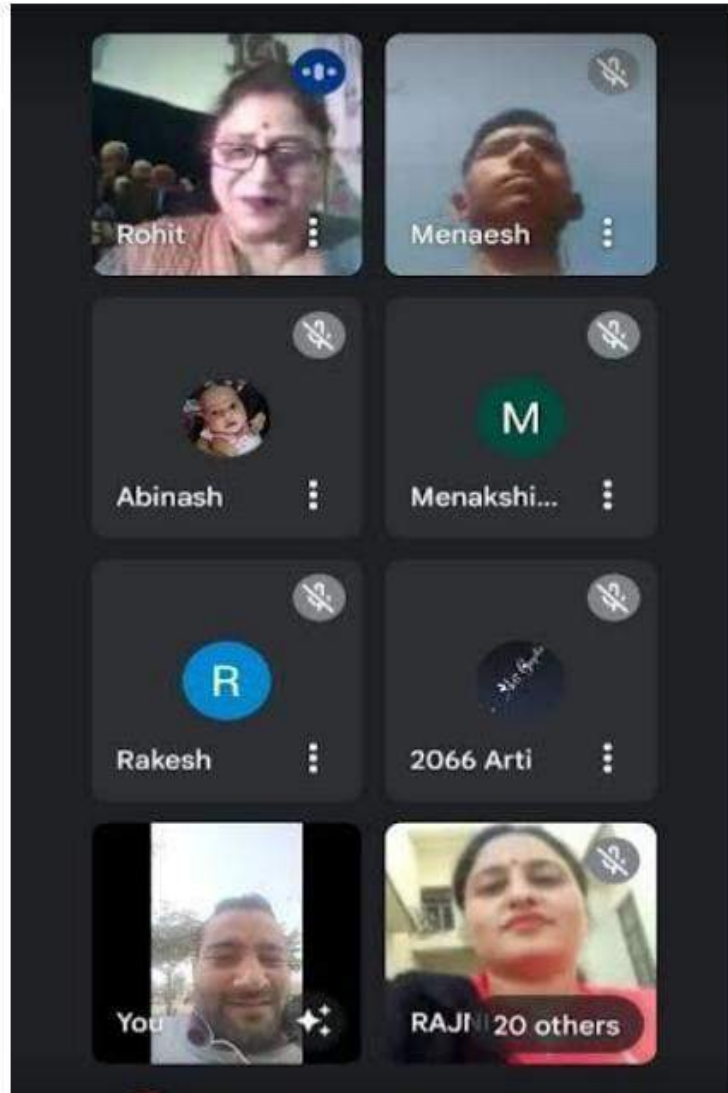


A large number of students and faculty members participated in the event. The whole event was organised by Dr. Gaurav Sharma, Department of Sanskrit (HOD). The event was concluded by Dr. Rajni Sharma department of Sociology.

Sd/-
Dr. Surinder Kumar
Principal

संस्कृत विभाग, जीडीसी नौशेरा ने ऑनलाइन व्याख्यान का आयोजन किया

नौशेरा। संस्कृत विभाग, जीडीसी नौशेरा ने छात्रों को 16 'वैदिक संस्कार' से परिचित कराने के लिए 'वैदिक शोध संस्कार' विषय पर 25 नवंबर 2021 को आजादी का अमृत महोत्सव मनाने के लिए एक ऑनलाइन व्याख्यान का आयोजन किया, जो हमारे जीवन का मूल सार है। व्याख्यान का आयोजन योग्य प्राचार्य डॉ. सुरिंदर शर्मा के संरक्षण में किया गया था। व्याख्यान संस्कृत विभाग, जीडीसीडब्ल्यू, परेड जम्मू में सहायक प्रोफेसर डॉ. ममता शर्मा द्वारा दिया गया था, उन्होंने अपने व्याख्यान में सभी 16 वैदिक संस्कारों और वर्तमान परिदृश्य में उनके मूल्य और महत्व को विस्तार से परिभाषित किया। उन्होंने शर्मधनश्, शनामकरणश्, श्मुंडनश्, श्उपनयनश्, श्विवाहश् आदि जैसे सभी संस्कारों को विस्तार से बताया। इस आयोजन में बड़ी संख्या में छात्रों और संकाय सदस्यों ने भाग लिया। पूरे कार्यक्रम का आयोजन डॉ. गौरव शर्मा, संस्कृत विभाग (एचओडी) द्वारा किया गया था। कार्यक्रम का समापन डॉ. रजनी शर्मा समाजशास्त्र विभाग द्वारा किया गया था।



'आजादी का अमृत महोत्सव के तहत ऑनलाइन व्याख्यान आयोजित'

नौशहरा, 25 नवम्बर (स.ह.): संस्कृत विभाग जी.डी.सी. नौशहरा ने छात्रों को 16 वैदिक संस्कार से परिचित करवाने के लिए 'वैदिक शोध संस्कार' विषय पर 25 नवम्बर 2021 को आजादी का अमृत महोत्सव मनाने के लिए एक ऑनलाइन व्याख्यान का आयोजन किया।

व्याख्यान का आयोजन योग्य प्राचार्य डा. सुरिंदर शर्मा के संरक्षण में किया गया था। व्याख्यान संस्कृत विभाग जी.सी.डब्ल्यू. परेड जम्मू में सहायक प्रो. डा. ममता शर्मा द्वारा दिया गया था। उन्होंने अपने व्याख्यान में सभी 16 वैदिक संस्कारों और वर्तमान परिदृश्य में उनके मूल्य एवं महत्व को विस्तार से परिभाषित किया। उन्होंने गर्भधान, नामकरण, मुंडन, उपनयन, विवाह आदि जैसे सभी संस्कारों को विस्तार से बताया। इस अवसर पर बड़ी संख्या में छात्रों और संकाय सदस्यों ने भाग लिया। कार्यक्रम का आयोजन डॉ. गौरव शर्मा संस्कृत विभाग (एच.ओ.डी.)



ऑनलाइन व्याख्यान का दृश्य। (स.ह.)

द्वारा किया गया। कार्यक्रम का समापन डा. रजनी शर्मा समाजशास्त्र विभाग द्वारा किया गया।

शेरा नमो नरे नविद्या



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No.DCN/21/806

Dated:-24/11/2021

PRESS RELEASE

Government Degree College, Nowshera in collaboration with Nehru Yuva Kendra Sanghatan, Ministry of Youth Affairs and Sports, Govt. of India organized an awareness programme on "Catch the Rain" and other themes like Self-Employment schemes and covid appropriate behavior on November 24th 2021 in the college premises. The programme was commenced with the formal greetings by giving momentos to the Chief Guest Dr. Surinder Sharma, Principal of GDC, Nowshera and to Guest of Honour Mr. Mushtaq Ahmed (Functional Manager of DIC Rajouri) by Mr. Nitin Hingloo District Youth officer, Rajouri. After the formal welcome and greetings Mr. Ashok Sharma Assistant Executive Engineer from Jal shakti Department disseminate the different ideas how we can conserve the water by using different techniques like rain water harvesting, by building check Dams. A demonstration was also done by the department as how to check the purity of water by using Water Testing Kit. Mr. Vikrant Sharma who was the chief resource person threw light on different ways of water conservation. He also enlightened the students about the different measures to protect themselves from COVID-19. Throwing more light on the Topic, an expert from Medical Department, Nowshera Dr. Kalpana Arya made the students familiar about various symptoms and preventive measures in the times of COVID-19. Functional Manager of DIC Rajouri Mr. Mushtaq Ahmed and Mr. Rafakat Hussain of Employment Department Nowshera acquainted the students with various employment schemes run by Govt. of India like Tejaswini Scheme, Youth Club Schemes, PMEGP etc. They also focused on how the youth can generate their own jobs to make them job creator not job seeker. After the lectures by resource persons. Dr. Surinder Sharma, the Principal of GDC, Nowshera, praised the speakers and guests and also thanked them for organizing such a fruitful programme in the college which will have an immense benefits for the students. The programme was concluded by Mr. Nitin Hingloo, District Youth officer, Rajouri.

Sd/-

PRINCIPAL

NYK hosts awareness Program on Catch the Rain, Covid-19

■ TNN BUREAU

RAJOURI: Nehru Yuva Kendra Rajouri today organised a Mega Awareness Programme on combating Covid-19 Mass Awakening and Action Campaign, besides Catch the Rain and Self Employment Schemes here at Government Degree College Nowshera. Surinder Kumar Principal GDC Nowshera while Nationally Acknowledged Youth Activist Vikrant Sharma was the Guest of Honour. A lecture was delivered on the topic Water Conservation and Jal Jeevan Mission by Ashok Kumar. He enlightened the gathering about the ways to conserve water as India is facing scarcity of drinking water. He added that rain water harvesting is an effective way to save water. He further said that judicious use of water should be

the way of life. He gave an experimental demonstration on testing pH, total hardness of water so as to ascertain the purity of water.

He also provided Water Testing kits to the college. Vikrant Sharma, State Level Resource Person, NYK Rajouri stated that Nehru Yuva Kendra Sangathan is the largest grassroots level organisation of the Government for the youth. He further said that India is the largest Country in the world in terms of youth population and tapping their energy is one of the prime objectives of NYKS. He said that NYKS has been involving rural youth in various flagship schemes of the Govt.

Dr Kalpana Arya (Medical Department) made the gathering aware about the Covid Pandemic and stated that different symptoms appear in a

Covid Patient. She further presented a demonstration regarding Ideal Hand Washing technique and appealed to the audience to take suggestive and preventive measures regarding the pandemic. She added that 100% vaccination of first dose and 95 % that of 2nd dose has been achieved among 18+ age group as of now. She requested everyone to get fully vaccinated as soon as possible and cooperate with the health department in achieving 100% results. Mushtaq Ahmed, Functional Manager DIC Rajouri highlighted the Self Employment Schemes, including Prime Minister's Employment Generation Programme (PMEGP). He said that under PMEGP, a loan up to Rs 25 Lakh can be availed in manufacturing sector and upto Rs 10 under services sector.

कॉलेज में कैच द रेन और सेल्फ एम्प्लायमेंट पर मेगा जागरूकता कार्यक्रम आयोजित

राजौरी, 18 दिसंबर

नेहरू युवा केंद्र राजौरी ने गुरुवार को कॉलेज में कॉविड-19 से जागृता और कारवाई अभियान, कैच द रेन एंड सेल्फ एम्प्लायमेंट स्कیم पर एक मेगा जागरूकता कार्यक्रम का आयोजन किया जिसमें डॉ. सुरिंदर कुमार (प्रिंसिपल जी.डी.सी. नोवशेरा) ने मुख्य अतिथि के रूप में कार्य किया, जबकि राष्ट्रीय स्तर का ग्राम युवा कार्यक्रम विज्ञान शर्मा निरीक्षण अतिथि बने रहे।

संस्थापक व्यक्तियों में अशोक कुमार (सहायक कार्यक्रम अधिकारी, पीएनडी नोवशेरा), डॉक्टर कल्पना आर्य (चिकित्सा विभाग), मुख्यालय अहमद (कार्यालय प्रबंधक, डीआईसी राजौरी) सराफत हुसैन (जिला रोजगार और पारामर्श केंद्र) उपस्थित थे। अशोक कुमार द्वारा जल संरक्षण और जल जीवन मिशन विषय पर प्रस्तुत किया गया। उन्होंने जल संरक्षण को राजनीति के बारे में सभी को अवगत कराया क्योंकि भारत पानी की कमी की कमी का सामना कर रहा है। उन्होंने कहा कि वर्षा जल संचयन पानी बचाने का प्रभावी तरीका है। पानी का खिचकूप उपयोग जीवन की तरीका होना चाहिए। पीपल परीक्षण पानी की कूल कठोरता पर प्रयोगात्मक प्रदर्शन दिया ताकि पानी की शुद्धता का पता लगाया जा सके। साथ ही कॉलेज की वाटर टेस्टिंग किट भी प्रदान की।

उन्होंने कहा कि एनवाईकेएस सरकार की विभिन्न प्रमुख योजनाओं में ग्रामीण युवाओं को शामिल कर रहा है। डॉक्टर कल्पना आर्य (चिकित्सा विभाग) ने कार्यक्रम में उपस्थित सभी को कॉविड महामारी के बारे में जागरूक किया और कहा कि एक



कोविड रोगी में अलग-अलग स्थान दिखाई देते हैं। उन्होंने बताया कि पानी की तकनीक के बारे में एक प्रदर्शन प्रस्तुत किया और मतदाता के संकेतों में खिचकूप और निवारक उपकरणों को प्रदर्शित किया। उन्होंने कहा कि पानी खुद का रक्त-प्रतिरक्षण टीकाकरण होना चाहिए, और अब तक 18- आयु वर्ग की 95 प्रतिशत आबादी ने दूसरी खुराक हासिल कर ली है। इस मौके पर डीआईसी राजौरी के कार्यालय प्रबंधक मुख्यालय अहमद, नेस्वरगंज परामर्शों के बारे में बताया उन्होंने कहा कि निम्नलिखित क्षेत्र में 25 लाख रुपये तक की सेवा क्षेत्र के तहत 10 रुपये तक का व्यय लिया जा सकता है। उन्होंने आगे कहा कि सामान्य वर्गों के उम्मीदवारों को 25 प्रतिशत की सौख्यो दे जा रही है और अन्य वर्गों के उम्मीदवारों को 35 प्रतिशत की सौख्यो प्रदान की जाती है।

संयुक्त विचार किया जाए और साथ ही संतुष्टिपूर्वक किया जाय। अलग बड़े के कि अनुभूति मिले स्वयं मंदिर में सफल लगते बाबाजी का।

अधर में लटका नरसू की ओर जाने वाली गली का काम

उधमपुर। उधमपुर शहर के बीच लगभग बलाक नरसू की एक गली बनने के लिए पारदर्शिता और से एक बोट लावाया गया था लेकिन गली का निर्माण आज तक नहीं हुआ। स्थानीय लोगों का यह भी कहना था कि गली को इतनी खराब बनाने के कि वहां से चलना भी बहुत मुश्किल हो गया है। स्थानीय मजबूत सिंह, उलम चंद, राम नाम, कृष्ण चंद आदि का कहना था कि एक तो बाई के पारदर्शिता बोट लाया का गली को नीव रखी गई तो वहां दूसरी ओर इस गली का निर्माण कार्य अधर में लटका हुआ है नींव छह माह पहले रखी गई थी लेकिन आज तक इस समस्या का कोई भी हल नहीं निकला गया है। गौरवस्थ है कि जैसे ही बारिश होती है तो इस गली में इतना कीचड़ फैल जाता है, जहां से निकलना बहुत कठिन हो जाता है। लोगों ने इस समस्या को कई बार प्रशासन के आगे भी रखा लेकिन समस्या का कोई भी हल नहीं निकला गया। लोगों का कहना था कि अगर पारदर्शिता और से गली बनानी थी तो वह आज तक इस गली का निर्माण कार्य शुरू करवा देते लेकिन इस गली की ओर कोई भी ध्यान नहीं दिया जा रहा है। लोगों ने फिर से बाई को पारदर्शिता से पता की है कि जल्द से जल्द इसका निर्माण कार्य शुरू करवाया जाए ताकि वहां पर रहने वाले लोगों को आराम से पारगामी से गुजरना न पड़े।



डैसियन से लुनका पानी सड़क पर बौकटपिंग का कार्य शुरू

उधमपुर। जिला विकास परिषद उधमपुर, की उपाध्यक्ष जूली मन्त्रस पडनिया द्वारा डैसियन से लुनका पानी एस.के. बेर रोड की बौकटपिंग के कार्य का शुभारंभ किया। इस अवसर पर बोलते हुए पडनिया ने बताया कि नाबाई के

सेना ने पशु चिकित्सा शिविर का आयोजन किया

जांच



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No.DCN/21/761

Dated:- 17/11/2021

Press Release

Nowshera, 17th of November 2021-A Public Awareness Campaign on Covid appropriate behavior was launched by Field Outreach Bureau, Rajouri in coordination with District Information Centre Rajouri and Tehsil Administration Nowshera in Govt. Degree College Nowshera.

On this occasion a seminar on “Promotion of Covid Vaccine and Awareness of Covid Appropriate Behaviors” in collaboration with Govt. Degree College Nowshera was organized. The aim and objective of this seminar was to inculcate the habits and to motivate the younger generation especially the students to follow COVID appropriate behaviors. The seminar was organized under the chairmanship of Dr. Surinder Kumar Principal GDC Nowshera whereas the Sh. Sukhdev Singh Samyal, ADC Nowshera, was the chief guest.

Speaking on this occasion the chief guest shared valuable information about covid appropriate behaviors and vaccination drives in Tehsil Nowshera. He informed that when the first case of COVID-19 was reported from Nowshera, the town was locked down for about 20 days. At that time we were running short of masks and sanitizers but with active involvement of district administration, the whole episode was brought under control and now the whole Tehsil is following COVID appropriate behaviors. He also strongly advocated that every citizen should shoulder his responsibilities to contain the spread of deadly virus.

Dr. Surinder Kumar, Principal, GDC, Nowshera highlighted the importance of such awareness camps that too when conducted in Govt. Institutions. He requested the students to act as messengers and ambassadors to spread the awareness and information of COVID-19 in their respective areas.

Dr. Chander Parkash Nodal Officer for COVID-19, Sub. District Hospital Nowshera acted as resource person and held a head-to-head lecture on guidelines and precautions to be taken to curb the spread of corona virus. Sh. Gurnam Singh Incharge Field Outreach Bureau Rajouri also interacted with audience and highlighted about the importance of these programmes. Prof. Joginder Singh Coordinator IQAC, Govt. Degree College Nowshera presented vote of thanks whereas Prof. Inam Ul Haq hosted the whole event.

The seminar concluded with recitation of National Anthem.





Sd/-
Dr. Surinder Kumar
Principal



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Dated:-04/12/2021

PRESS RELEASE

Government Degree College, Nowshera organized an extension lecture in Urdu on the topic "ADAB AUR ADEEB" The program was commenced with formally greetings by giving memento to the special guest Dr Mushtaq Ahmed Wani Assistant Professor Department of Urdu (Baba Ghulam Shah Badshah University). After the formal welcome Dr Mushtaq Ahmed wani delivered a powerful lecture on the said topic. He explained the importance of writers and explained literature in brief. He also encouraged the students to pen down their creative ideas. After the lectures by resource persons. Dr. Surinder Sharma, the Principal college praised the speaker and guest and also thanked them for organizing such a fruitful program in the college which will have immense benefits for the students. Dr. Surinder Sharma principal Govt Degree College Nowshera and Dr Mushtaq Ahmed Wani presented a wheel chair to a needy student. The program was concluded by Prof Joginder Singh with the vote of thanks.

Sd/-

PRINCIPAL



जीडीसी नौशहरा ने 'अदब और अदीब' विषय पर उर्दू में एक विस्तार व्याख्यान का आयोजन किया

नौशहरा। सरकारी डिग्री कॉलेज नौशहरा ने अदब और अदीब विषय पर उर्दू में एक विस्तार व्याख्यान का आयोजन किया, कार्यक्रम की शुरुआत विशेष अतिथि डॉ मुश्ताक अहमद वानी उर्दू के सहायक प्रोफेसर विभाग (बाबा गुलाम शाह बादशाह विश्व. विद्यालय) को स्मृति चिन्ह देकर औपचारिक अभिवादन के साथ की गई। औपचारिक स्वागत के बाद डॉ मुश्ताक अहमद वानी ने उक्त विषय पर जोरदार व्याख्यान दिया। उन्होंने लेखकों के महत्व को समझाया और साहित्य को संक्षेप में समझाया। उन्होंने छात्रों को अपने रचनात्मक विचारों को कलमबद्ध करने के लिए भी प्रोत्साहित किया। संसाधन व्यक्तियों द्वारा व्याख्यान के बाद। महाविद्यालय के प्रधानाचार्य डॉ. सुरिंदर शर्मा ने वक्ता और अतिथि की प्रशंसा की और कॉलेज में इस तरह के उपयोगी कार्यक्रम के आयोजन के लिए उन्हें धन्यवाद भी दिया, जिससे छात्रों को अत्यधिक लाभ होगा। डॉ. सुरिंदर शर्मा प्रिंसिपल

गवर्नमेंट डिग्री कॉलेज नौशहरा और डॉ मुश्ताक अहमद वानी ने एक जरूरतमंद छात्र को व्हील

चेयर भेंट की। कार्यक्रम का समापन प्रोफेसर जोगिंदर सिंह ने धन्यवाद प्रस्ताव के साथ किया।



जी.डी.सी. नौशहरा ने 'अदब और अदीब' विषय पर उर्दू में एक लैक्चर का किया आयोजन



जरूरतमंद छात्रों को व्हीलचेयर भेंट करते प्रिन्सिपल डा. मुश्ताक अहमद बाली।

नौशहरा, 4 दिसंबर (संजय नौशहरा ने 'अदब और अदीब' बाली): सरकारी डिग्री कॉलेज विषय पर उर्दू में एक लैक्चर का

आयोजन किया, कार्यक्रम की शुरुआत विशेष अतिथि डा. मुश्ताक अहमद बाली उर्दू के सहायक प्रोफेसर विभाग (बाबा गुलाम शाह बादशाह विश्वविद्यालय) को स्मृति चिन्ह देकर औपचारिक अभिवादन के साथ की। औपचारिक स्वागत के बाद डा. मुश्ताक अहमद बाली ने उक्त विषय पर लैक्चर दिया। उन्होंने लेखकों के महत्व को समझाया और साहित्य को संक्षेप में समझाया। उन्होंने छात्रों को अपने रचनात्मक विचारों को कलमबद्ध करने के लिए भी प्रोत्साहित किया। संसाधन व्यक्तियों द्वारा व्याख्यान के बाद महाविद्यालय के प्रधानाचार्य सुरिंद्र शर्मा ने वक्ता और अतिथि प्रशंसा की और कॉलेज में इस तरह के उपयोगी कार्यक्रम के आयोजन लिए उन्हें धन्यवाद भी दिया, जिन्होंने छात्रों को अत्यधिक लाभ होगा।

राशिफल

मेष

कई मामलों में फैसले आपके पक्ष में, पैसे आने का नया रास्ता खुलेगा, पत्नी से सहयोग मिलेगा, जिम्मेदारियां पूरी कर पाएंगे, मौज मस्ती पर खर्च होगा, संतान पक्ष से राहत।

विचारित का स मजबूत मिल र विनिमय शामिल

कर्क



OFFICE OF THE PRINCIPAL

GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)

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No.DCN/21/89

Dated:- 03-12-2021

Press Release

“Cyber Jagrookta Club” of GDC Nowshera in Collaboration with IQAC of GDC NSR organized Awareness lecture on Cyber Crime.

“Cyber Jagrookta Club” of GDC Nowshera in Collaboration with IQAC of GDC NSR organized awareness lecture on Cyber Crime on the topic **“Introduction to Cyber crime and safety”** on **3rd of Dec, 2021**. The main aim of the programme was to aware the students about the different cyber crime and how to protect ourselves from these Cyber crimes. The resource person of the programme was Mr. Amit Verma (ASP) Nowshera. A large number of students and faculty members from the college participated in the programme by following Covid appropriate behaviour. The programme started with a welcome address by the Principal of the college Dr. Surinder kr. Sharma. While speaking on the occasion, Principal of the college asked the students to stay away from cyber crimes and also asked the students to use the internet in a careful manner. After the welcome address, Resource person of the today’s event Mr. Amit Verma (ASP Nowshera) spoke on the occasion and gave a detailed overview about the cyber crimes in day to day life. He talks about the different types of cyber crimes like identity theft, data theft, spreading of virus/spyware, pornography/child pornography etc.







He also explained how the computers, mobile phones or smart devices which help us in executing our day to day activities can become a threat and may pave way to cyber frauds. Smart devices and machines are those that can be programmed to carry out different functions. He also mentioned how significant it is to protect our personal data from sharing on various platforms. “The first step to protect a ‘valuable’ is to identify it. However unlike physical valuables like gold chain, cash or debit cards, it is very tough to recognise your 'digital valuables'. He also said that of all the factors that lies behind a cybercrime it is ultimately one’s carelessness and ignorance that leads to such attacks. A cyber thief or a threat actor basically tries to exploit the user’s vulnerability to obtain access to digital valuables by studying sensitive passwords or by sending malicious links which the user is asked to click. This eventually leads to malware installation in one’s smart device and thereby a stalker gets access to the valuables. He also talked about the various sections of Cyber crime like Section 425 i.e Mischief, Section 379 i.e theft, Section 319 & 320 i.e cheating, Section 292 i.e sale of obscene material and so on.

He also insisted about the do's and don'ts in order to protect one self and others from cyber crimes. One should invest in good software utilities, ensure operating system being used is reliable and in good condition, should never leave open the laptops/mobiles which have all personal data. Downloading apps from authentic sites and using different passwords for accessing different platforms and changing it periodically can also help in keeping the digital valuables safe and secure. He also cautioned about being aware of all social engineering attempts made by people through social media or emails or chats. “These could be from malicious actors trying to gain access to digital valuables,” he said. The proceedings of the programme were conducted by **Asstt. Prof. Mr. Rajat Bhardwaj** Convener of **Cyber Jagrookta Club** and Vote of thanks were presented by **Asstt. Prof. Joginder Singh**, IQAC Coordinator of the college.

Sd/-
Dr. Surinder Kumar
Principal

साइबर अपराध पर छात्रों को किया जागरूक

सावधान

- खुद और दूसरों को कैसे बचाएं के बारे में बताया
- सावधानी से इंटरनेट का उपयोग करने को कहा

नौशहरा। स्टेट समाचार



जीडीसी नौशहरा के साइबर जागृत क्लब ने जीडीसी एनएसआर के आईक्यूएसी के सहयोग से जागरूकता लेकर आयोजित किया, साइबर अपराध पर साइबर अपराध और सुरक्षा का परिचय विषय पर इस कार्यक्रम का आयोजन हुआ। कार्यक्रम का उद्देश्य छात्रों को विभिन्न साइबर अपराध के बारे में जागरूक करना और इन साइबर से खुद को कैसे बचाना है। कार्यक्रम के रिसोर्स पर्सन अमित वर्मा (एएसपी) नौशहरा थे। भारी संख्या में छात्र और कॉलेज के फैकल्टी सदस्यों ने कोविड

उपयुक्त व्यवहार का पालन करते हुए कार्यक्रम में भाग लिया। कार्यक्रम की शुरुआत कॉलेज के प्राचार्य डॉ. सुरेंद्र कुमार के स्वागत भाषण से हुई। प्राचार्य बोलते समय इस मौके पर कॉलेज के प्राचार्य ने छात्रों को साइबर अपराध से दूर रहने को कहा और छात्रों से भी कहा। इंटरनेट का उपयोग सावधानी पूर्वक करने के लिए। रिसोर्स पर्सन अमित वर्मा (एएसपी नौशहरा) ने इस अवसर पर बात की और दैनिक जीवन में साइबर अपराधों के बारे में विस्तृत जानकारी दी। वह विभिन्न प्रकार के साइबर अपराधों के बारे में बताया कैसे

पहचान की चोरी, डेटा चोरी, वायरस / स्पाइवेयर का प्रसार, पोर्नोग्राफी / चाइल्ड पोर्नोग्राफी आदि। स्मार्ट डिवाइस और मशीनें वे हैं जो विभिन्न कार्यों को करने के लिए प्रोग्राम किया जा सकता है। उन्होंने यह भी उल्लेख किया कि हमारे व्यक्तिगत की रक्षा करना कितना महत्वपूर्ण है। एक मूल्यवान की रक्षा के लिए पहला कदम उसकी पहचान करना है हालांकि भौतिक के विपरीत सोने की चेन, नकद या डेबिट कार्ड जैसे कीमती सामान, अपने डिजिटल कीमती सामान को पहचानना बहुत कठिन है। उन्होंने यह भी कहा कि

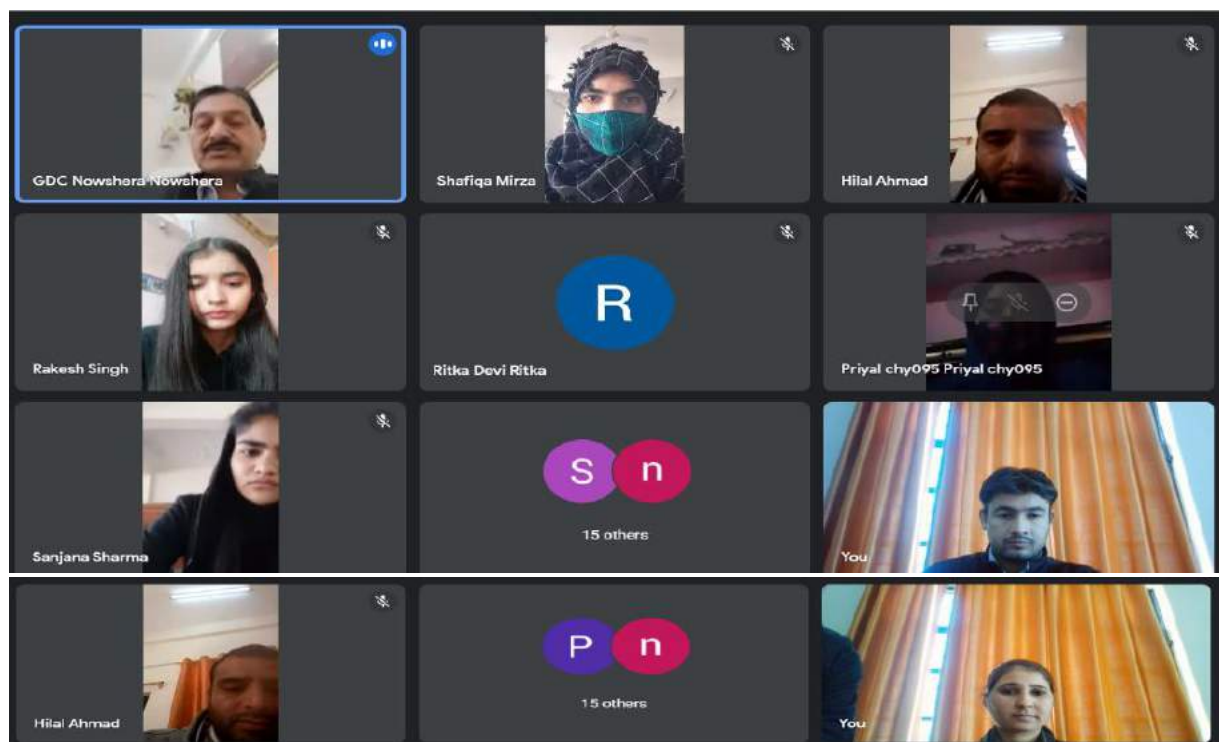
साइबर अपराध के पीछे सभी कारक होते हैं। किसी के स्मार्ट डिवाइस में मैलवेयर इंस्टालेशन और इस तरह एक स्टाकर को कीमती सामानों तक पहुंच प्राप्त होती है।

उन्होंने इसके बारे में भी बात की साइबर अपराध की विभिन्न धाराएं जैसे धारा 425 यानी शरारत, धारा 379 यानी चोरी, धारा 319 और 320 यानी धोखाधड़ी, धारा 292 यानी अश्लील सामग्री की बिक्री वगैरह। उन्होंने साइबर अपराधों से खुद को और दूसरों को बचाने के लिए क्या करें और क्या न करें के बारे में भी जोर दिया।

Press Release

The Constitution Day was celebrated in Government Degree College Nowshera on 26th Nov. 2021 on the theme 'An overview of Indian Constitution' to commemorate *Azadi ka Amrit Mahotsav*. Before the commencement of the online symposium a pledge taking ceremony was done by the faculty members and the students at in the College premises. An online symposium was also organized by Ek Bharat shikshit Bharat Club in collaboration with IQAC and Department of Political Science under the patronage of Dr. Surinder Kumar Sharma worthy Principal of GDC Nowshera. The event was commenced at 12:30 pm. The programme was initiated with the well come address by Ms. Madhu ,Lecturer Depatartment of English. After the formal greetings the Principal of the college address the students and laid emphasis to abide by the rules written in the constitution. He also explicated the significance and importance of Indian constitution being the largest Democracy in the World .

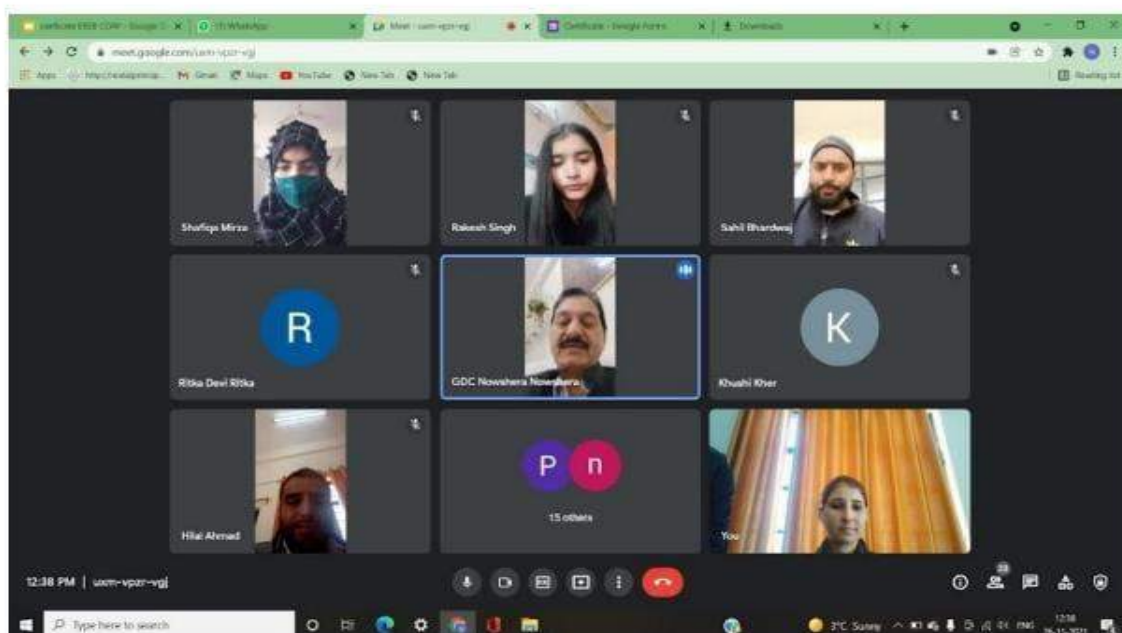




After his speech Dr. Hilal Ahmad Mir Department of Political Science (HOD), enlightened the students with different aspects of Indian Constitution. He also stated that our constitution is the foundation of country's political system under which its people are governed. The faculty members of the college as well as the students attended the symposium with great zeal and enthusiasm. Some students also shared their views on the significance of this day. The programme was concluded with the vote of thanks delivered by Mr. Harshal Sharma Convenor Ek Bharat Shikshit Bharat. E-certificates were also awarded to the students who participated in the symposium.

Sd-
Principal
GDC Nowshera

अपने भाषण के बाद राजनीति विज्ञान विभाग (एचओडी) के डॉ हिलाल अहमद मीर ने छात्रों को भारतीय संविधान के विभिन्न पहलुओं से अवगत कराया। उन्होंने यह भी कहा कि हमारा संविधान देश की राजनीतिक व्यवस्था की नींव है जिसके तहत उसके लोग शासित होते हैं। संगोष्ठी में महाविद्यालय के प्राध्यापकों के साथ-साथ छात्र-छात्राओं ने भी बड़े जोश और उत्साह के साथ भाग लिया। कुछ छात्रों ने इस दिन के महत्व पर अपने विचार भी साझा किए। कार्यक्रम का समापन श्री हर्षल शर्मा के संयोजक एक भारत शिक्षा भारत द्वारा धन्यवाद ज्ञापन के साथ हुआ। संगोष्ठी में भाग लेने वाले छात्रों को ई-सर्टिफिकेट भी प्रदान किए गए।



आजादी का अमृत महोत्सव मनाने के लिए 26 नवंबर 2021 को श्भारतीय संविधान का एक सिंहावलोकनश् विषय पर सरकारी डिग्री कॉलेज नौशेरा में संविधान दिवस मनाया गया। ऑनलाइन संगोष्ठी शुरू होने से पहले कॉलेज परिसर में संकाय सदस्यों और छात्रों द्वारा शपथ ग्रहण समारोह किया गया। जीडीसी नौशहर के योग्य प्राचार्य डॉ. सुरिंदर कुमार शर्मा के संरक्षण में आईक्यूएसी और राजनीति विज्ञान विभाग के सहयोग से एक भारत शिक्षा भारत क्लब द्वारा एक ऑनलाइन संगोष्ठी का भी आयोजन किया गया। कार्यक्रम की शुरुआत दोपहर 12रू30 बजे हुई। कार्यक्रम की शुरुआत अंग्रेजी विभाग की लेक्चरर सुश्री मधु के स्वागत भाषण से हुई। औपचारिक अभिवादन के बाद कॉलेज के प्राचार्य ने छात्रों को संबोधित किया और संविधान में लिखे नियमों का पालन करने पर जोर दिया. उन्होंने विश्व में सबसे बड़ा लोकतंत्र होने के नाते भारतीय संविधान के महत्व और महत्व को भी समझाया।



Women Empowerment Cell in collaboration with Internal Complaint Committee Against Sexual Harassment (ICCASH) organized An Extension Lectures on the topics Menstrual Hygiene.



**Govt. Degree College Nowshera
WOMEN EMPOWERMENT CELL
IN COLLABORATION WITH**

Internal Complaint Committee Against Sexual Harassment (ICCASH)

Is organizing

EXTENSION LECTURES on the topics

❖ **MENSTRUAL HYGIENE**

By Dr. Kalpana Arya

❖ **AWARENESS ON POSH ACT, 2013**

By Prof. Pooja Devi, Convener, ICCASH

On 2nd of December, 2021

VENUE:- SMART CLASSROOM OF THE COLLEGE

TIMING:- 11:00 AM

PATRON

Dr. Surinder Kumar

Principal, GDC Nowshera

Organizing Committee

ICCASH & WOMEN DEVELOPMENT CELL

मासिक धर्म स्वच्छता और कार्यस्थल पर यौन उत्पीड़न की रोकथाम पर कार्यक्रम आयोजित

नौशहरा, 2 दिसंबर (संजय वाली) : सरकारी डिग्री कॉलेज नौशहरा में मासिक धर्म स्वच्छता और कार्यस्थल पर यौन उत्पीड़न की रोकथाम अधिनियम, 2013 पर विस्तार लेक्चर आयोजित किए मासिक धर्म स्वच्छता और यौन उत्पीड़न से संबंधित मुद्दों पर कभी भी खुलकर चर्चा नहीं की जाती है और अधिकांश लड़कियां इन मुद्दों के विभिन्न पहलुओं से अनिपट हैं। जहाँ तक मासिक धर्म का संबंध है, वह एक सामान्य महिला शरीर का एक प्राकृतिक जैविक और शारीरिक कार्य है। दुर्भाग्य से, अधिकांश किशोर लड़कियों को यह नहीं पता होता है कि उनके मासिक धर्म को सही तरीके से कैसे निपटाया जाए।

इसके अलावा कॉलेज की लड़कियों को कार्यस्थल पर महिलाओं का यौन उत्पीड़न (रोकथाम, निषेध और निवारण) अधिनियम, 2013 के विभिन्न प्रावधानों से भी परिचित होना आवश्यक है ताकि वे आंतरिक शिकायत समिति को यौन उत्पीड़न की किसी भी घटना की रिपोर्ट कर सकें। इन 2 मुद्दों के बारे में छात्राओं को जागरूक करने के उद्देश्य से कॉलेज के महिला



कार्यक्रम में संबोधित करते हुए प्राचार्य।

(संजय बाती)

अधिकारिता प्रकोष्ठ ने यौन उत्पीड़न के खिलाफ आंतरिक शिकायत समिति (आई.सी.सी.ए.एस.एच.) के सहयोग से आज 2 विस्तार व्याख्यान आयोजित किए। मासिक धर्म स्वच्छता पर व्याख्यान के लिए संसाधन व्यक्ति डा. कल्पना आर्य, एम.ओ. स्वास्थ्य एवं परिवार कल्याण विभाग, लघुमंडल नौशहरा से थे।

कार्यक्रम में कॉलेज के स्मार्ट क्लासरूम में 50 से अधिक छात्राओं और स्टाफ सदस्यों ने भाग

लिया। कार्यक्रम में डा. कल्पना आर्य ने यौवन की अवधारणा, मासिक धर्म के शरीर विज्ञान, मासिक धर्म के दर्द को कैसे प्रबंधित किया जाए और मासिक धर्म के दौरान स्वच्छता से संबंधित प्रथाओं के बारे में विस्तार से बताया। प्रो. पूजा, संयोजक आई.सी.सी.ए.एस.एच. द्वारा औपचारिक धन्यवाद ज्ञापन के साथ कार्यक्रम का समापन हुआ। कार्यक्रम की कोर्रवाई वी.एस.सी. की छात्रा ईशा शर्मा ने की।

6 ग्राम हैरोइन सहित तस्कर गिरफ्तार

उधमपुर, 2 दिसंबर (कलौजा) : जिला पुलिस की ओर से तस्करों के खिलाफ अभियान जारी रखते हुए रामनगर पुलिस द्वारा 6 ग्राम हैरोइन के साथ 2 तस्करों को गिरफ्तार किया है। पुलिस सूत्रों से मिली जानकारी के अनुसार रामनगर पुलिस की ओर से नए थाना प्रभारी पुष्पेन्द्र सिंह के नेतृत्व में रामनगर कोगा सड़क मार्ग पर नाक लगाया हुआ था तथा वाहनों की जांच की जा रही थी, इसी बीच पुलिस की ओर से एक वाहन नं. जे के 14 एफ-3898 को जांच के लिए रोका जो उधमपुर से रामनगर की ओर आ रही थी।

पुलिस की गहन जांच के दौरान 6 ग्राम हैरोइन बरामद की गई तथा 2 तस्करों को भी गिरफ्तार किया गया, जिनकी पहचान आकाश खारका पुत्र वश पाल निवासी वार्ड नं.-6 रामनगर तथा राकेश सिंह पुत्र वशपाल निवासी वार्ड नं.-11 रामनगर के रूप में हुई है। पुलिस ने संबंधित धाराओं तहत मामला दर्ज करते हुए छानबीन शुरू कर दी है।

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इस आयोजन का उद्देश्य जन जागरूकता बढ़ाना है। अंत में बेहतरीन प्रदर्शन करने वालों को सम्मानित किया गया।

आता है। इससे पहले जिला एथलैटिक एसोसिएशन के जिला अध्यक्ष सुनील शर्मा ने नवोदित

खजूरिया, राज कुमार डागरा, राकेश खजूरिया, रमन कुमार, कंचन बाला, मीनू, ज्योति शर्मा शामिल रहे।

कार्यस्थल पर यौन उत्पीड़न की रोकथाम अधिनियम पर व्याख्यान आयोजित

नौशहरा, 2 दिसम्बर (स.ह.): गवर्नमेंट डिग्री कॉलेज नौशहरा में 'मासिक धर्म स्वच्छता' और कार्यस्थल पर यौन उत्पीड़न की रोकथाम अधिनियम, 2013 पर व्याख्यान आयोजित किया गया।

वक्ताओं ने कहा कि मासिक धर्म स्वच्छता और यौन उत्पीड़न से संबंधित

मुद्दों पर कभी भी खुलकर चर्चा नहीं की जाती है और अधिकांश लड़कियां इन मुद्दों के विभिन्न पहलुओं से अनभिज्ञ हैं। जहां तक मासिक धर्म का संबंध है, यह एक सामान्य महिला शरीर का एक प्राकृतिक जैविक और शारीरिक कार्य है।

दुर्भाग्य से अधिकांश किशोर लड़कियों को यह नहीं पता होता है कि उनके मासिक धर्म को सही तरीके से कैसे निपटाया जाए। इसके अलावा कालेज की लड़कियों को 'कार्यस्थल पर महिलाओं का यौन उत्पीड़न (रोकथाम निषेध और निवारण) अधिनियम 2013' के विभिन्न प्रावधानों से भी परिचित होना आवश्यक है ताकि वे आंतरिक शिकायत समिति को यौन



जी.डी.सी. नौशहरा में आयोजित व्याख्यान में मौजूद प्रतिभागी एवं वक्ता।

उत्पीड़न की किसी भी घटना की रिपोर्ट कर सकें।

डा. कल्पना आर्य एम.ओ. स्वास्थ्य एवं परिवार कल्याण विभाग, उपमंडल नौशहरा ने छात्राओं को इन मुद्दों पर खुलकर बात करने के लिए प्रेरित किया। उन्होंने यौवन की अवधारणा, मासिक धर्म के शरीर विज्ञान, मासिक धर्म के दर्द को कैसे प्रबंधित किया जाए और मासिक धर्म के दौरान स्वच्छता से संबंधित प्रथाओं के बारे में विस्तार से बताया। अंशु शर्मा, ए.आर.एस.एच. काउंसलर ने भी 'अनीमिया मुक्त भारत' के तहत छात्रों को अनीमिया के संबंध में परामर्श प्रदान किया।

स्वास्थ्य एवं परिवार कल्याण विभाग सब डिवीजन नौशहरा की

कार्यकर्ताओं ने छात्रों को आयरन की गोलियां वितरित कीं ताकि आयरन की खुराक की दैनिक आवश्यकता को पूरा किया जा सके।

वहीं महिलाओं का यौन उत्पीड़न (रोकथाम निषेध और निवारण) अधिनियम, 2013 विषय पर प्रो. पूजा देवी ने संबोधित किया।

पावर प्वाइंट प्रेजेंटेशन में अधिनियम के विभिन्न प्रावधानों के बारे में विस्तार से बताया, जिसमें यौन उत्पीड़न की परिभाषा, यौन उत्पीड़न के रूप, कार्यस्थल, पीड़ित महिला, शिकायतकर्ता और प्रतिवादी और अधिनियम में उल्लिखित विभिन्न अन्य शर्तें शामिल हैं। कार्यक्रम की कार्रवाई बी.एस.सी. की छात्रा ईशा शर्मा ने की।

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नौशहरा। मॅमासिक धर्म स्वच्छता और कार्यस्थल पर यौन उत्पीड़न की रोकथाम अधिनियम, 2013 पर विस्तार व्याख्यान आयोजित किए मासिक धर्म स्वच्छता और यौन उत्पीड़न से संबंधित मुद्दों पर कभी भी खुलकर चर्चा नहीं की जाती है और अधिकांश लड़कियां इन मुद्दों के विभिन्न पहलुओं से अनभिज्ञ हैं। जहां तक धर्मासिक धर्म का संबंध है, यह एक सामान्य महिला शरीर का एक प्राकृतिक जैविक और शारीरिक कार्य है। दुर्भाग्य से, अधिकांश किशोर लड़कियों को यह नहीं पता होता है कि उनके मासिक धर्म को सही तरीके से कैसे निपटाया जाए। इसके अलावा, कॉलेज की लड़कियों को र्कार्यस्थल पर महिलाओं का यौन उत्पीड़न (रोकथाम, निषेध और निवारण) अधिनियम, 2013 के विभिन्न प्रावधानों से भी परिचित होना आवश्यक है ताकि वे आंतरिक शिकायत समिति को यौन उत्पीड़न की किसी भी घटना की रिपोर्ट कर सकें महाविद्यालय। इन दो मुद्दों के बारे में छात्राओं को जागरूक करने के उद्देश्य से कॉलेज के महिला अधिकारिता प्रकोष्ठ ने यौन उत्पीड़न के खिलाफ आंतरिक शिकायत समिति (आईसीसीएसएसएच) के सहयोग से आज दो विस्तार व्याख्यान आयोजित किए। व्याख्यान के विषय थे मासिक धर्म

स्वच्छता और र्कार्यस्थल पर महिलाओं का यौन उत्पीड़न (रोकथाम, निषेध और निवारण) अधिनियम, 2013, पॉश अधिनियम के रूप में संक्षिप्त। मासिक धर्म स्वच्छता पर व्याख्यान के लिए संसाधन व्यक्ति डॉ कल्पना आर्य, एम.ओ. स्वास्थ्य एवं परिवार कल्याण विभाग, उपमंडल नौशहरा से। कार्यक्रम में कॉलेज के स्मार्ट क्लासरूम में 50 से अधिक छात्राओं और स्टाफ सदस्यों ने



भाग लिया। कार्यक्रम की शुरुआत कॉलेज के प्राचार्य डॉ. सुरेंद्र कुमार के स्वागत भाषण से हुई। अपने भाषण में उन्होंने ऐसे जागरूकता कार्यक्रम आयोजित करने की आवश्यकता पर जोर दिया जो सीधे तौर पर किशोरियों के स्वास्थ्य से संबंधित हों। उन्होंने छात्राओं को इन मुद्दों पर खुलकर बात करने के लिए भी प्रेरित किया जो अभी भी हमारे समाज में वर्जित हैं। कार्यक्रम संसाधन व्यक्ति डॉ कल्पना आर्य के व्याख्यान के साथ जारी रहा। उन्होंने यौवन की अवधारणा, मासिक धर्म के शारीर विज्ञान, मासिक धर्म के दर्द को कैसे प्रबंधित किया जाए और मासिक धर्म के दौरान स्वच्छता से संबंधित प्रथाओं के बारे में विस्तार से बताया। उन्होंने कहा कि मासिक धर्म एक प्राकृतिक और शारीरिक प्रक्रिया है और इस दौरान शर्मिंदा होने की कोई बात नहीं है। उन्होंने सैनिटरी नैपकिन को बार-बार बदलने और उन्हें उचित तरीके से निपटाने के महत्व पर भी जोर दिया। अंशु शर्मा, एआरएसएच कार्सलर ने भी श्रमोन्मिया मुक्त भारत के तहत छात्रों को एनीमिया के संबंध में परामर्श प्रदान किया। स्वास्थ्य एवं परिवार कल्याण विभाग, सब डिवीजन नौशहरा के कार्यकर्ताओं ने भी छात्रों को आयरन की गोलियां वितरित कीं ताकि आयरन की

खुराक की दैनिक आवश्यकता को पूरा किया जा सके। इसके अलावा, लड़कियों ने आशा कार्यकर्ताओं से 6 रुपये प्रति पैकेट की दर से सैनिटरी नैपकिन खरीदे। छात्राओं ने रिसोर्स पर्सन के साथ सक्रिय रूप से बातचीत की और विषय के बारे में अपनी शंकाओं को दूर किया। दूसरा व्याख्यान र्कार्यस्थल पर महिलाओं का यौन उत्पीड़न (रोकथाम, निषेध और निवारण) अधिनियम, 2013 के विषय पर प्रो. पूजा देवी, संयोजक, प्लैम जीडीसी नौशहरा द्वारा दिया गया था। उन्होंने अपने पावर प्वाइंट प्रेजेंटेशन में अधिनियम के विभिन्न प्रावधानों के बारे में विस्तार से बताया, जिसमें यौन उत्पीड़न की परिभाषा, यौन उत्पीड़न के रूप, कार्यस्थल, पीड़ित महिला, शिकायतकर्ता और प्रतिवादी और अधिनियम में उल्लिखित विभिन्न अन्य शर्तें शामिल हैं। उन्होंने छात्रों को कॉलेज की आंतरिक शिकायत समिति के साथ-साथ सदस्यों के नाम और संपर्क विवरण के बारे में भी बताया। उन्होंने कहा कि कोई भी पीड़ित छात्रा प्लैम को लिखित शिकायत दर्ज करा सकती है और अधिनियम के प्रावधानों के अनुसार प्रतिवादी के खिलाफ समय पर कार्रवाई की जाएगी। छात्रों ने विभिन्न प्रश्न उठाए जिनका प्रो. पूजा देवी ने संतोषजनक उत्तर दिया।

AMBIKA DIAGNOSTIC CENTRE